



Chaudhary Brahm Prakash Ayurved Charak Sansthan (CBPACS)-Newsletter

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॥ आयुर्वेदज्योतिः शाश्वतं नः प्रकाशताम्॥

68th Independence Day celebrated at CBPACS

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The 68th Independence Day celebration preceded by one week pre-independence program in the Sansthan during Aug.7 - 14, 2014. The Sansthan looked magnificent in the evening as the building was illuminated & the patriotic songs audible in the hospital added to the spirit. Various events were organized during this week: **1) Sanitation Drive:** On Aug 12, 2014, administrative staff, faculty members and students took oath to make institute campus green and clean. They cleaned the premises of the Institute, hospital and hostel; **2) Blood Donation:** On Aug 12, 2014, the employees & students of the Sansthan donated blood in Rao Tula Ram Memorial Hospital, Jaffarpur, New Delhi; **3) Visit to Orphanage:** On Aug 13, 2014, some faculty members & students visited the orphanage 'Sweet Home' in Najafgarh & distributed stationary items; **4) Painting competition in Pediatric ward:** On Aug. 14, 2014, a painting competition among 20 differently able patients of paediatric ward was organized. Sweets, colors & certificates were distributed to them on the Independence Day; **5) Plantation Drive:** On Aug. 14, 2014, 200 saplings of high medicinal value were planted by students, faculty members & staff of the Sansthan in a new thematic garden 'Triphala Vana'; **6) Student Activities:** Various competitions such as debate, essay writing, patriotic songs, on the spot painting were conducted amongst students throughout the week.

Finally, the week was concluded with celebration of Independence Day on Aug. 15, 2014 with fun, fervor and patriotic enthusiasm. National flag was hoisted by the Director Principal followed by inspiring address to the staff and students. The winners of competitions were awarded with certificates and mementoes. Services of vigilant and committed staff members were acknowledged by awarding token of appreciation..

Two new OPDs Inaugurated by Spl. Secretary-AYUSH

Dr Mrinalini Daraswal, MBBS, IAS, Special Secretary- AYUSH deptt. of H&FW, GNCTD inaugurated two OPD services for Geriatric group and DGEHS beneficiaries on Aug.12, 2014 to cater the needs of the elder population and provide them best possible help to fight the health challenges. Total 23 OPDs run in CBPACS Hospital daily.

CCIM Team visits CBPACS

On behalf of CCIM, a three member team viz *Dr Prasanna N Rao*, *Dr Ramesh K Deshmukh* and *Dr Mukesh Sharma* visited CBPACS during July 28-29, 2014 in order to verify its compliance with CCIM norma to start PG course in various deptt.

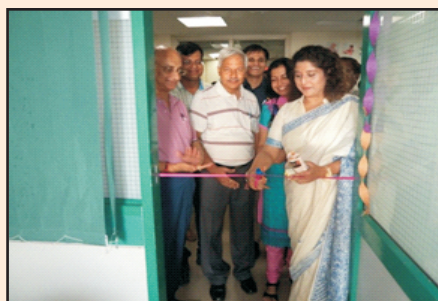
Subsequently officials of CBPACS appeared for hearing before the deptt. of AYUSH, Govt. of India on Sept. 29, 2014.



Director Principal addressing on Independence Day



Adtl . Director felicitating a differently able child for painting competition



Spl. Secretary Dr Mrinalini Daraswal inaugurating Geriatric OPD

Spl Secretary- Administrative Reforms, GNCTD at the Sansthan

Sri V. C. Pandey, IAS, Special Secretary (AR), GNCTD visited the institute on Sept. 12, 2014. He was impressed with the lab & museum of deptt. of Rachna Sharir & appreciated the efforts being put up by the faculty members to groom the future of Ayurveda. He interacted with staff and students and was apparently impressed with cleanliness and hygiene of the campus.



Director- Principal felicitating Sri VC Pandey, Spl Secretary (AR), GNCTD.

Padmashree Vaidya Balendu Prakash visits Institute



Vaidya Balendu Prakash, Padmashree awardee, being felicitated by Director-Principal & senior faculty members

Padmashree Vaidya Balendu Prakash, Member of the Governing Council, CBPACS visited institute on August 26, 2014. He delivered a lecture on "Ayurvedic intervention in the Management of Migraine-a Fact Based Analysis". His presentation captivated the audience & the students were inspired by his journey of success. The institute felicitated Vd. Balendu Prakash on this occasion.

Visit of Director - ISM&H

Sri Sanjay Gihar, IAS, Director-ISM&H (AYUSH), GNCTD visited the Sansthan on July 16, 2014. He inspected various departments, OPD, IPD and other units of Sansthan. He was accompanied by Dr. K. K. Sijoria, Co-ordinator-Academic & Research, A&U Tibbia College, Delhi



Director - Principal felicitating Sri Sanjay Gihar, Director AYUSH

Shishyopanayana Sanskar

On Sept.5, Teachers' Day and 'Shishyopanayana Sanskar' of BAMS 2014 Batch selected through CET was celebrated with Vedic rituals to mark students' induction in the curriculum of Ayurveda. On this occasion, Hawan was organized followed by oath taking by students & their mentors. Vaidya S.K. Mishra, Member Governing Council, CBPACS was the Guest of Honor for the day. All faculty members and students actively participated.



A view of 'Hawan' on occasion of induction ceremony of new students



Dr S. K. Mishra being felicitated on Teachers' day

Hindi Pakhwara

'Hindi Pakhwara' – A fortnightly celebration to emphasize the importance of Rajbhasha Hindi was celebrated with unparalleled enthusiasm in the institute during Sept 14-26, 2014. All the faculty members, students and staff of the institute actively participated. A series of co-curricular activities viz debate, extempore, essay writing, poem recitation were organized. Pakhwara Samaroh was concluded on Sept. 26, 2014 with gracious

presence of Dr. Mrinalini Darswal, MBBS, IAS, Spl. Secretary-AYUSH, deptt. of H&FW who presented certificate of appreciation & memento to all winners of competitions.



Director Principal felicitating Spl. Secretary Dr Mrinalini Darswal

Japanese Delegation at Sansthan

On Aug.1, 2014, a delegation from Japan headed by Dr. Tsuyoshi Kitanishi, Director, Department of Otorhinolaryngology, Kitanishi ENT Clinic and Mr. Hiromi Mori, Executive Director of Japan Yoga Therapy Society visited deptt. of Shalakya, CBPACS. They wish to unite the power of Ayurveda with the modern system for collaborative research in future. .



Japanese Delegation with experts of Shalakya Dept.

Well done students!



Ms. Ankita
First Position (79.71 %)



Ms. Charu Sharma
Second Position (77.52%)



Ms. Alisha
Third Position (76.10%)

1. Ms. Ankita, Ms. Charu Sharma and Ms. Alisha secured Ist (79.71%), IInd (77.52%) and IIIrd (76.10%) positions respectively in BAMS second year final exams conducted by GGSIPU. The meritorious students were honoured with memento, certificate & cheque worth Rs. 15000/- , Rs10000/- and Rs 6000/- respectively by Dr. Mrinalini Darswal, Sp. Sec. H&FW (AYUSH), GNCTD on Sept. 26, 2014.



Runners ups of the Quiz Competition 'Jyotishmati' with Dr. Gaytri Juneja at Mumbai

2. The team of CBPACS students of BAMS final Prof. viz. Ms. Jyoti Yadav, Ms. Pragati Chaudhary, Ms. Akanksha Arora & Ms. Anjali Sharma stood 2nd in All India Intercollegiate Ayurved Quiz contest 'Jyotishmati' organized by "Shree Dhootpapeshwar Ltd" on Sep.18,2014 in Mumbai. They are likely to participate in finals to be held at Pragati Maidan, New Delhi during Nov. 2014.

Progress of the Hospital

Month	Number of Patients in OPD	Average OPD per day	Number of Patients in IPD	Bed Occupancy rate
July	25004	962	4094	66.03%
August	24290	1012	3672	59.22%
September	26190	1007	4525	71.82%

Spotlight on Achievements

1. Prof. (Dr.) N.R Singh, HOD Kayachikitsa & I/C Med. Suptd. was honored with award of "RASHTRA GAURAV" on Sept.21,2014 by Panchavati Lokseva Samiti for his social service provided through Health care.
2. Dr. Umesh Kumar Sapra, Asst. Professor, Rog Nidan is designated as President of Delhi state NASYA (National Ayurvedic Students and Youth Association) unit at a ceremony held at Morarji Desai National Institute of Yoga, New Delhi on Sept.13,2014 which was graced by Prof. Abhimanyu Kumar, Director All India Institute of Ayurveda (AIIA), Prof. K. K. Sijoria, Co-ordinator Academics & Research, A&U Tibbia College, Dr. Geethakrishnan, Medanta along with doctors and students.
3. Prof. Arun Gupta, HOD, deptt. of Panchakarma & Dr. Riju Agarwal, Associate Professor, deptt. of Shalakyta Tantra participated as experts for Standard Treatment Guidelines for Ayurveda organized by CCIM, New Delhi. Dr. Riju Agarwal also participated in National Seminar on the Role of Ayurveda in Gynecological Disorders organized by All India Ayurvedic Specialists (P.G.) Association at Gandhian Institute of Ayurveda and Naturopathy, New Delhi on Sept. 24, 2014.
4. Dr. Subash Sahu, Associate Professor, Dravyaguna delivered a guest lecture on 'Medicinal plants for kitchen garden & home remedies' on Sept.11, 2014 at DMC center, Indian Red Cross Society NHQ, New Delhi on invitation by AYUSH, GOI.
5. Dr. Umesh Kumar Sapra delivered guest lecture on "Disease Process and the Role of Diet and other Factors in the Development of the Disease" on 28th August 2014 at DMC Centre, Indian Red Cross Society NHQ, New Delhi on invitation by AYUSH, GOI. He also attended lecture on "Dengue and Ebola virus infections" on 21st August 2014 at All India Institute of Medical Sciences (AIIMS), New Delhi.

CME, Guest Lecture

1. Himalaya Drug Company organized an Ayurvedic Medical College Connect Program (AMC) on Aug 12, 2014 on the topic of 'Recurrent Infections' which was well attended by the faculty, doctors and students.
2. A 'Training program in soft skills' was organized on Aug 13 & Sept. 22, 2014 by the Sansthan for medical and paramedical staff. Total 95 participants took part in the program and found it highly beneficial. The queries of the participants were cleared by Guest speaker Dr. Indu Arneja.
3. An introductory program about NASYA (National Ayurvedic Students and Youth Association) along with 6th World Ayurveda Congress and Arogya Expo (WAC) was organized on Aug 29, 2014 at the Sansthan.
4. An Ayurvedic Medical College Connect Program (AMC) was organized by Unexo laboratories Pvt. Ltd., New Delhi on 'Viopatch' at the Sansthan on Sept.29, 2014. Dr. Rakhee Mehra, Assistant Director, CCRAS, New Delhi was the guest speaker.

Monthly Seminar

Following faculty members presented informative papers in the monthly seminar followed by interactive discussions as under

Speaker	Designation	Topic	Date
Dr. Unnikrishnan. S	Professor and HOD Swasthavritta	Aedes-The killer mosquito	03/07/2014
Dr.S.S.Mishra	Assistant Professor Agad Tantra	Ethical and legal aspects in Ayurveda Practice	07/08/2014
Dr. Subash Sahu	Associate Professor Dravyaguna	Anukta dravya	04/09/2014

Publications

1. Comparative Analytical Study of Single Bulb and Multiple Bulb Garlic (*Allium Sativum* Linn)-Padhar Bharat, Dave Alankruta R, Chandola H.M, Goyal Mandip R, Shukla V.J, Khant D.B/ International Journal of Ayurveda & Alternative Medicine/EISSN-2348-0173/Vol. 2/ Issue 4/Page-86/Sept. 3rd 2014.
2. 'Dyslipidemia- Cause or Consequence of Diabetes: Reanalyzing the Pathogenesis with the Vision of Ayurveda'-Kajaria Divya, Chandola H.M./Journal of Herbal Science/ISSN-2348-9553/Vol. 3/ Issue 2/Page-30.
3. 'Valvular Heart Diseases: An Insight through Ayurveda'- Rai Amit Kumar, Deepshikha, International Journal of Ayurveda and Pharma Research/ Vol. 2/ Issue 5/ Page 18-22.
4. 'Swarnaprashan – Classical Review & Current Scenario'-Deepshikha, Rai Amit Kumar, World Journal of Pharmaceutical Research/ Vol. 3/ Issue 7/ Page 298-304.
5. 'Ayurvedic Perspective of Impact of Prakriti (Body Constitution)'- Arora Smita / Journal of Biological & Scientific opinion/ISSN-2321-6328/Vol. 2/ issue-5/ Page 300-304/Sept-Oct., 2014.
6. 'Documentation in Ayurvedic Clinical Practice – Present Scenario'- Arora Smita / Journal of Herbal Science / ISSN-2278-2257/ Vol-3/ issue-2/Page 11-16/ Sept-Oct.,2014.
7. 'Role of Ayurvedic Medicines and Leech Therapy in Management of Buerger's Disease– A case report', Gupta Mahesh / Journal of Ayurveda and Holistic Medicine(JAHM)/ ISSN : 2321-1563/Sep. 2014.

MEDICAL CAMPS (अस्पताल आपके द्वार)

To cater medical facilities to the ailing patients at their doorsteps, Sansthan organized medical camps in the series of 'अस्पताल आपके द्वार' as under-

Date	Venue	No. of Patients
Aug. 24, 2014	Shashi Garden, Nawada, New Delhi	242
Sept. 21, 2014	Bhagwati Vihar, Uttam Nagar New Delhi	232

Offshore Students of CBPACS (2014, Batch)



International students (2014 batch) (L-R) Manish Kumar Sah & Sachin Sahi (Nepal), Satomi Yokoo (Japan) and W.G.H.A Lakshini Madhushika (Sri Lanka)



Prof. Chandola with Director GWAI, Prof. Janitha Liyanage, Organizing Secretary, Dr. S.M.S. Samarkoon and Dr. Nirasha Gunaratna in International Symposium at Kandy, Sri Lanka.

Director-Principal Prof. H.M. Chandola participated in 1st International Symposium on Traditional Medicine- "Traditional Medicine for Healthy Life" organized by Gampaha Wickramarachchi Ayurved Institute (GWAI), University of Kelaniya & Ayurved Department Central Province during July 24-26, 2014 at Kandy City Center, Sri Lanka. Prof. Chandola delivered Keynote Speech on 'Healthy Ageing: An Ayurvedic Perspective- A preventive and curative approach' on July 24, 2014 and presided over the first Scientific session on 25th July 2014. One Guest Lecture on 'Concept of Diabetes mellitus in Ayurveda and its treatment with certain indigenous drugs' was delivered at Gampaha Wickramarachchi Ayurved Institute for Post Graduate Scholars of the Institute on 27th July 2014. The Hon'ble President and Prime Minister of Sri Lanka graced the International Symposium. Director GWAI Prof. Janitha A. Liyanage and Organizing Secretary Dr. S.M.S. Samarkoon urged the President to make the GWAI as the first Ayurved University of Sri Lanka.



Prof. Dr. Tanuja Nesari, Addl. Director, interacting with delegates in Germany.

Dr Tanuja Nesari, Addl. Director, Academics, was invited as a guest speaker for 16th international Ayurveda Symposium organized by European Academy of Ayurveda. She was there as one of organisers of 1st International Seminar on Research in Ayurveda organized by IRSA during Sept 12-15, 2014 at Berstein, Germany. She delivered lectures on: 1) Ayurvedic Herbs for pain management, 2) Medicinal uses of European herbs according to Ayurveda. Symposium was attended by approx 200 international dignitaries & represented by important organizations like deptt. of AYUSH-GOI, CCIM, GAU, BHU from India & various Universities from Europe, USA, Argentina & representatives of German consulate in Germany. Dr Tanuja Nesari actively represented Sansthan in designing future roadmap for Ayurveda Research. She also conducted workshop on "Therapeutic Diet in Chronic Diseases".

"Visited the institute first time & found that the advance study of Ayurveda is going on for the last 4 yrs. The faculty is also good and has collected various items & food articles which have the Ayurveda value. The hygienic condition is good. The Director Principal's efforts for the improvement of the institution are now in the process of starting the post graduate class from next year. I wish success of the institute and hospital gets the benefit of Ayurveda treatment like in the era of Charak and Dhanvantari."

Sri V.C. Pandey, IAS, Spl. Secretary (AR)

"The institute is pioneer in Ayurveda teaching and education. I wish them all the best and success in the education."

Dr Mrinalini Darswal, Spl Secretary, AYUSH, Delhi

"Huge, beautiful and well-equipped compound having all amenities although in remote location—an international model. I wish all the best."

U.K Sinha, Dy. Labour Commissioner

"This is the best institute I have seen in the field of Ayurveda. The dedication of the faculty and doctors is fantastic. I wish all the best to the institution."

Sanjay Gihar, Director, ISM&H

"It was great pleasure to be in the Ch. Brahm Prakash Ayurved Charak Sansthan on the occasion of teacher's day and also Shishopanayan sanskar. I visited hospital's IPD-OPD and diagnostic lab. Sonography is a new addition. Ksharasutra preparation and Jalaukavacharana etc. are added recently. I also had a round of herbal garden and saw Rashi and Nakshtra Vatika. I am very much impressed with the development and wish success to the Sansthan."

Vaidya S.K Mishra, Member - Governing Council, CBPACS & Ex-Advisor, Ayurveda, GOI

"A vibrant institution under the dynamic and energetic leadership of Prof. Chandola and his colleagues. With that this is a model center for clinical specialization in Ayurveda."

Vaidya Balendu Prakash, Member, Governing Council, CBPACS.

"Experience of visit to this institute is unique and memorable in my life. An institution with motto of education, Research and service."

Dr. Prasanna Rao, Member CCIM

"Very happy and impressed with infrastructure and working of hospital & college. Herbal garden concept is unique & innovative. Institute is in very interior part of Delhi but appreciation by patients is remarkable. I wish very bright future to doctors and teachers & other staff."

Dr. Ramesh Deshmukh, Member CCIM

"I am very happy and impressed to see this college and hospital. The infrastructure is good and I also appreciate all teachers and staff."

Dr. Mukesh Sharma, Member CCIM

"I am extremely happy and highly proud to see such beautiful institute. It is having all the facilities at par with modern parameters. Patient's turnover in OPD & IPD is excellent. I wish all the success to the institute."

Dr K. K. Sijoria, Co-ordinator, Academic & Research, A & U Tibbia College, New Delhi.

"I am glad that Delhi Govt. has built such a fantastic Ayurvedic institution in Najafgarh with excellent infrastructure. I wish in coming years, this institution will achieve great heights."

Shivani Sehgal, Media consultant

To