



Chaudhary Brahm Prakash Ayurved Charak Sansthan (CBPACS)-Newsletter

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॥ आयुर्वेदज्योतिः शाश्वतं नः प्रकाशताम् ॥

Director-Principal honored with Life-Time Achievement Award

Prof (Dr.)HM Chandola, Director-Principal, CBPACS was conferred Life-Time Achievement Award by *Shri Nilanjan Sanyal*, Secy. AYUSH on Jan. 12, 2014 in International Conference on Multidisciplinary Healthcare, organized in AIIMS, New Delhi during Jan 9-12, 2014. *Prof. Chandola*, Ex-Dean & HOD Kayachikitsa, formerly Executive Editor, AYU, IPGT & RA, Jamnagar is well known academician, researcher, and administrator with a dynamic vision. He delivered a key note lecture on "Role of Ayurveda in the management of Type 2 Diabetes Mellitus" on that occasion. *Prof. Dr. N.R Singh*, Med. Supdt. CBPACS also received 'Significant Contribution Award' in the field of Ayurveda.



Prof. H.M. Chandola, Director-Principal being honored with Lifetime Achievement Award in the conference at AIIMS, New Delhi by Secretary AYUSH Shri N. Sanyal.

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VC, Gujarat Ayurved University visits Sansthan



Hon'ble VC, GAU, Dr. Rajesh Kotecha being felicitated by Director-Principal

Hon'ble Vice Chancellor, Gujarat Ayurved University, *Dr. Rajesh Kotecha*, visited the Institute on Jan. 3, 2014. He took the round of the institute and keenly observed its work culture, temperament and functioning. On his felicitation ceremony while addressing staff & students, he said "CBPACS has strong potential of becoming a University in future". Meritorious students received mementoes & certificates through his auspicious hands on this occasion. At the end of the visit Vice Chancellor *Dr. Kotecha* congratulated *Prof. H.M. Chandola* Director-Principal and his team for the exemplary service in the field of Ayurvedic education and patient care.

CBPACS earns global attention

A 15 member delegation of Medical professionals and students from Germany, Switzerland & Austria led by *Mr. Mark & Ms. Kerstin Rosenberg*, Director, European Academy of Ayurveda, Berstein, Germany visited CBPACS, New Delhi on Feb 25, 2014. The delegation had a meaningful interaction with students, faculty members on opportunities & challenge in education, practice & research in field of Ayurveda in European subcontinent. All the members of delegation were delighted of warm welcome by *Prof. H.M. Chandola*, Director-Principal & *Prof. Tanuja Nesari*, Addl. Director, faculty members & students.



Delegates from Germany with Prof. Tanuja Nesari, Addl. Director (Acad.) & Prof. N.R. Singh, Med. Supdt. at Sarva Dharma Prathna Sthal

Another German visit

Ms. Carina Roess from Frankfurt, Germany visited the Sansthan on March 29, 2014. She was impressed with the Panchakarma unit managing so many patients with latest techniques. During her interaction with the students, she also motivated them to look for health tourism as one of the career options.

CCIM Visit



Team of CCIM Visitors at CBPACS

On behalf of CCIM, a three member team viz. Dr. Hari Ram Bhadauria, Member CCIM, Dr. Shiv Swaroop Sharma, Member CCIM & Prof. K.K. Pandey, Professor, Department of Sangyahan, IMS, BHU Varanasi visited the Sansthan on Feb. 06, 2014. They were visibly happy when they were apprised of average daily OPD to the tune of 1000 patients. At the end of the visit they interacted with faculty members and students and encouraged them to make the institute one of the best institutes not only in India but world.

An American Delegation at CBPACS



Prof. H.M. Chandola greets Dr. Shekhar Annambhotla, President (AAPNA), USA, Prof. J.N. Mishra, and Dr. Reddy.

The Institute was privileged to have Dr. Shekhar Annambhotla, President, Association of Ayurvedic Professionals (AAPNA), USA & Ms. Elizabeth Einenberg, Yoga expert USA as esteemed guests on Feb. 20, 2014. They were accompanied by Dr. T. Sanjiv Reddy, Dept. of, Homeopathy, Karnataka and Prof. J.N. Mishra, Former HOD, Dept. of Rachna Sharir, SAC Lucknow & General Secretary, Bharat Seva Sadan. They were overwhelmed to find an Ayurvedic Institute having such a world class infrastructure, highly qualified faculty members, brilliant students, a state of the Art hospital under one & the same roof.

CCIM President at CBPACS



Dr. Rashidullah Khan, President, CCIM being felicitated by Prof. H.M. Chandola

Dr. Rashidullah Khan, President CCIM, visited CBPACS along with Executive member Dr. B.P. Pande & Ms. Richa Sharma, Asst. Registrar on March 3, 2014. He was warmly greeted by Director-Principal of the institute. Director-Principal acknowledged him for his contribution for practice, promotion and propagation of Indian Systems of Medicine. He was very positive about starting of post graduation soon in the Sansthan.

French Scientist interested in Ayurveda



Prof. S.K. Brahmachari, former Director General, CSIR, New Delhi & Dr. Charles Auffray being greeted by Prof. Tanuja Nesari Addl. Director (Acad.)

Prof. S.K. Brahmachari, former Director General, CSIR, New Delhi and Dr. Charles Auffray, founder Director, European Institute for Systems Biological Medicine, France visited the Institute on Feb. 21, 2014. Dr. Charles Auffray, PhD in Molecular Immunology and Genetic Engineering, was very much interested to know the application of Ayurveda in the field of Genomics through the project 'Ayurgenomics' run in this institute for further research by integrating functional genomics tools with mathematical, physical and computational approaches.

Congratulations!

Ms. Ayushi Varshney, a student of BAMS 2nd Prof. (2012 batch) secured 9th position in All India Article writing competition conducted by Goa Institute of Management on the topic "How can India access & improve equality of healthcare services to the underprivileged". More than 2000 participants from various Medical & Paramedical Institutes of All India had participated in the same. Really an encouraging example for other students!

Celebration of Republic Day

The 65th Republic day was celebrated with a great enthusiasm in the Institute on Jan. 26, 2014. The students presented patriotic songs, poems & recitations as a tribute to the Nation. Director Prof. H.M. Chandola unfurled the tricolor in presence of patriotic audience. He saluted the spirit of freedom and equality enshrined in the constitution.

Educational Tours

The scholars of BAMS 2nd Prof (2012 batch) went on expedition to explore the fauna & flora of Uttarakhand under the guidance of Prof. Tanuja Nesari, Prof. T. Nagaraja & Dr. Subash Sahu during March 11-14, 2014. They visited Patanjali Ayurveda College & Divya Yoga Pharmacy Haridwar; Rishikul Govt. Ayurvedic College, Haridwar; Hansa Pharmacy, Prem Nagar, Haridwar; Forest Research Institute, Dehradun; Himalaya Herbal Garden & Himalaya Drug co. Dehradun. They were also benefitted by a lecture delivered by Dr. S. Farooq on the current scientific research trends in field of herbal medicine. Another educational tour was organized for BAMS 2nd Prof (2011 batch) during March. 25-29, 2014 led by Dr. Sumer Singh, Dr. Subash Sahu & Dr. Monika.



Students of BAMS 2nd Prof. (2011) on expedition of Uttarakhand.



Prof. T. Nessari & Prof. T. Nagaraja with Student of BAMS 2nd Prof. (2012) on expedition of Uttarakhand

Basant Panchami Celebrations in the Institute

The Festival of worshipping 'Ma Saraswati', the Goddess of all the learning was celebrated in the institute on Feb. 2, 2014. A yajna was organized in her worship. All the faculty members, students and staff members enthusiastically participated in celebration.

3rd Training Program in Panchakarma



Ms. Carena from Germany with Panchakarma Trainee doctors from AYUSH, Haryana and Faculty member of Deptt. of Panchakarma, CBPACS

3rd Training program in Panchakarma for Department of AYUSH, Govt. of Haryana was conducted by Dept. of Panchakarma, CBPACS under the guidance of HOD Prof. Dr. Arun Gupta during March 20-29, 2014. Illuminating lectures and practical sessions were conducted by various doctors & faculty of CBPACS & outside. The training was very fruitful as inputs given by the participants in the closing ceremony. The trainees received certificates & mementoes from Prof. (Dr.) H.M. Chandola, Director-Principal, CBPACS, Dr. Sangeeta Nehra, Director AYUSH (Haryana) & Prof. (Dr.) N.R. Singh, Med. Supdt., CBPACS.

Spotlight on Achievements

Special Invitation

Dr. Pooja Sabharwal, Asst. Professor, Rachna Sharir was invited by Embassy of India for Latvia & Sweden for promotion of Ayurveda from 19th March to 1st April 2014. As a part of the campaign to promote Ayurveda, she participated in the dialogue with various prominent doctors, oncologists, academicians & regulators from Ministry of Health, Education & Agriculture of the Republic of Latvia along with various stake holders from industry and general public.

Honor/Membership

1. Prof. Bharat Bhoyar, HOD, Dept. of Kaumarbhritya, is honored to be a reviewer of International journal of Green Pharmacy (ISSN-0973-8258) for reviewing research papers, published from B.R. Nahata Smriti Sansthan, Mandasaur, M.P.
2. Dr. Pooja Sabarwal Asst. Professor, Rachna Sharir is appointed as Member of Editorial board for International peer review Journal 'New Approaches to Medicine & Health'.
3. Dr. Umesh Kumar Sapra, Asst. Professor, Dept. of Rog Nidan is designated as Member of Editorial Board of International Ayurvedic Medical Journal (IAMJ), published from Hubli, Karnataka.
4. Dr. Umesh Kumar Sapra, is also designated as member of Scientific Committee of International Conference 2014 "Ayurveda for All" to be held on May 17-18, 2014 at Dehradun, Uttarakhand.

Guest Lectures & Paper presentations

At International Conference on 'Multidisciplinary Healthcare' organized in AIIMS, New Delhi during Jan. 9-12, 2014, following faculty members presented their papers.

1. Prof. (Dr.) *Tanuja Nesari*, Addl. Director, CBPACS on 'Ayurvedic approach towards management of stress disorders'.
2. Prof. (Dr.) *N.R. Singh*, Med. Supdt. on 'Ayurvedic Management of Low Back Pain'.
3. Dr. *Babita Yadav*, Asst. Prof., Dept. of Kayachikitsa on 'Feasibility of Mainstreaming Ayurveda particularly in Reproductive & Child Health'.
4. Dr. *Pooja Sabharwal*, Asst. Professor, Rachna Sharir on 'Multidisciplinary approach to cure Cancer through Ayurveda'.
5. Dr. *Mahesh Kumar*, Asst. Professor, Dept. of Shalya Tantra on 'Role of Agnikarma in Chronic pain Management'.

Others-

1. Prof. Dr. *Arun Gupta*, H.O.D. Dept. of Panchakarma was invited as a resource person in C.M.E on Panchakarma organized at Govt. Ayurvedic College, Raipur on March 6, 2014.
2. Dr. *Pooja Sabharwal*, Asst. Professor, Rachna Sharir delivered guest lecture on "Preventive Health Care Perspective" in a workshop organized by District Police Hoshiarpur, Punjab on Jan. 17, 2014.
3. Dr. *Umesh Kumar Sapra*, Asst. Professor, Dept. of Rog Nidan delivered a guest lecture on "Maternal and Child Health Care through Ayurveda" on Jan. 23, 2014 & another guest lecture on "Concept of Rasayana (Rejuvenation therapy)- for healthy ageing" on Jan. 28, 2014 at DMC Centre, Indian Red Cross Society NHQ, New Delhi on Invitation by AYUSH, GOI.
4. Dr. *Mahesh Kumar*, Asst. Professor, Dept. of Shalya Tantra presented paper on "Concept of Fracture and Dislocation in Ayurveda" in 10th International Conference on 'Ayurveda & Lifestyle Disorders' during Feb. 15-16, 2014 organized by Association of Ayurvedic Professionals of North America (AAPNA) & Bharat Seva Sansthan (BSS), Lucknow.
5. Dr. *Gaurav Phull*, Clinical Registrar, Dept. of Shalya Tantra Presented a paper on the topic 'ANESTHESIA: What Ayurveda has to offer' at BHU in AAIMCON-14, organised by Dept. of Sangyahan during Jan. 16-18, 2014.
6. Mr. *Amit Kumar*, Librarian, CBPACS presented a paper entitled 'Plagiarism and role of Libraries in Prevention and Detection' in the international conference of Indian Library Association (ILA) on 'Managing Libraries in the changing information world: from surviving to thriving' held in Mahatma Gandhi Central Library, IIT Roorkee during Feb. 22-24, 2014.

Degree awarded/Course completed

1. Dr. *Vaishali P. Mali*, Asst. Prof. Dept. of Samhita Sanskrit Siddhant was awarded PhD Degree for the Thesis "A Critical Study of Diet & Dietary habits in relation with Prakriti" from Dr. Sarvapalli Radhakrishnan Ayurved University, Jodhpur under the guidship of Dr. *Baldev Kumar Dhiman*.
2. Dr. *Jitesh Verma*, Asst Professor, Dept. of Kaumarbhritya has successfully completed Paediatric Advance Life Support (PALS) Provider course of IAP held during March 1-2, 2014 at AIIMS, Patna, Bihar.

Participation/Attendance in workshops/Seminar

1. Prof. (Dr.) *Tanuja Nesari*, Addl. Director, CBPACS was invited as an expert in Dravyaguna for meeting regarding publication of a 'Book on Dravyaguna' by Rashtriya Ayurveda Vidyapeeth on Feb. 8, 2014.
2. Dr. *Tanuja Nesari*, Dr. *Santhosh S.R. Nair* & Dr. *Divya Kajaria* were invited as experts at a workshop on Critical commentary on 'Charak Samhita' at B.H.U. on March 1-2, 2014.

3. Prof. *Bharat Bhoyar*, HOD, Dept. of Kaumarbhritya participated in two days Interactive Training Program for student and Teachers of Ayurveda (Kaumarbhritya) held during Jan. 24-25, 2014 organized by Rashtriya Ayurveda Vidyapeeth, held at CCIM, Janakpuri, New Delhi.
4. Dr. *Mahesh Kumar*, Asst. Professor, Dept. of Shalya Tantra participated as a delegate in ENDOSURG-2014, International Minimal Access Surgery Conference, CME cum live Workshop, during March 21-23, 2014 organized by Dept. of Surgical discipline, AIIMS, New Delhi.
5. Dr. *Umesh Kumar Sapra*, Asst. Professor, Dept. of Rog Nidan attended lecture on 'Accelerating progress in Children Nutrition: Is there a way Forward?' on March 19, 2014 at Indian National Science Academy (INSA), New Delhi.

Publications

1. 'Pharmacognostical and physico-chemical evaluation on Mayaphala granules-An Ayurvedic Formulation'- *Bhavbhushan, Goyal Mandip, Harisha C.R., Shukla V.J., Chandola H.M.*, in International Journal of Universal Pharmacy and Biosciences/3(1): Jan.-Feb. 2014/Page 62-69.
2. 'A clinical study on the role of Agnimanthadi compound and Vashpa Svedana in the management of Sthaulya (Obesity)'- *Goyal Ravikant, Goyal Mandip, Chandola Hari Mohan*, AYU/Vol.34/ Issue4/ Oct-Dec. 2013/Page 390-396.
3. 'Incidence of Asthi Kshaya (osteopenia/osteoporosis) in the vicinity of Jamnagar (Gujarat)- A Survey of 514 patients'-*Kadlimatti Sanjaya, Maheshwari K.S. & Chandola H.M.*, J.R.A.S/Vol XXXII, No 1-2/Jan-June 2011/Page 135-148, Published on December, 2013.
4. 'Kasamarda (Cassia occidentalis) Micro/Macroscopic Profile'-*Mally Suma, Nesari Tanuja*, IBSO/Jan. 2014/Vol 2/Page 83/ISSN- 2321-6328.
5. 'Role of Varuna-Guda in the management of Mutrashmari (Urolithiasis) and its assessment with imaging techniques'- *Rani Manju, Agarwal Riju, Dhiman K.S., Sijjoria K.K.*, Journal of Ayurveda and Holistic Medicine/Feb.2014/Vol 2/Issue 2/Page 27-37.
6. 'Significance of Nasa & nasya - A Critical Review' - *Agarwal Riju, Rani Manju* in Punarnava/Jan-Feb 2014/Vol 2/Issue 1/Page 49-58.
7. 'Scope of Ayurvedic drugs & Leech therapy in management of varicose vein of lower limb'- *Kumar Mahesh*, Journal of Biological and Scientific Opinion (JBSO)/Volume 2 (1), 2014/Page 121-123/ISSN-2321-6328.
8. 'A review on clinical application of the concept of Balgraha in modern times' *Singhal H.K, Garg G P, Singhal N, Verma J* in Journal of Biological Scientific opinion Vol 2(1) 2014, Page 117-120
9. 'Recent researches on Ayurvedic management of Attention Deficit Hyperactivity Disorder (ADHD) in children-A review' ; *Singhal H K, Vyas P P, Kataria A, Singhal N, Verma J* in Punarnava Vol(1) 2013 page 55-64.
10. 'KasyapSmhita: Only reverd text on Kaumarbhritya'-*Singhal H.K., Kataria A, Verma J, Singhal N*, in Journal of Biological and Scientific opinion Vol 1(4) 2013, Page 412-416.
11. 'Ardhahbhedaka (Migraine): A case study' -*Sapra Umesh*, in the Journal of Ayurveda and Holistic Medicine/Vol.1/Issue 7/Page 34-36.
12. 'Jatyadi Ghrita and its use in treating Vrana (Wounds)'-*Kumar Mahesh*, International Research Journal of Pharmacy/March 2014/Page 128-130/ISSN 2230-8407.
13. 'Chronic Arsenic Poisoning and Role of Natural Antioxidants: A Review'- *Mishra Shankar Sharan, Soni Inderpal, Gothecha V K*, in International Journal of Green and Herbal Chemistry/Dec 2013-Feb 2014//page 56-63/ISSN 2278-3229.

Monthly Seminar

During the Months of January to March, 2014, following faculty members presented informative papers in the seminars followed by interactive discussions.

S.NO.	Speaker	Designation	Topic	Date
1.	Dr. Sudhir Kumar	Associate Professor, Rachna Sharir	Panchamahabhutas, the concept of Five: A perspective	02/01/2014
2.	Prof. T.N. Nagaraja	Prof. and HOD Rasa Shastra evam Bhaishajya Kalpana	Heaven and Hell of Heavy metals	06/02/2014
3.	Prof. Vidula S. Gujjarwar	Prof. and HOD Rog Nidan evam Vikriti Vigyana	Geriatrics-An Ayurvedic perspective	06/03/2014

CME

1. Himalaya Drug Co. organized an AMC on Feb. 3, 2014 at the institute in which *Mr. Rajeev Sethi* delivered lecture on "Septilin".
2. Charak Pharma organized a CME on March 14, 2014 at the Sansthan. *Dr. Milind Patil*, Professor, Yerala Medical Foundation, Mumbai delivered an excellent lecture on "PCOS"

Visitor's Quotes

"I want to congratulate *Prof. Chandola* and his team for great work. Every single person behind creation of this big Institute deserves compliments. This prestigious institute is becoming a great Ayurveda Centre of Education & treatments in entire north India."

Vaidya Rajesh Kotecha

Vice Chancellor, Gujarat Ayurved University, Jamnagar

"It is my proud privilege to visit CBPACS as a part of CCIM visitors. The glory of institute is self explanatory. The integrated approach of education and treatment will guide the whole Ayurvedic world in a right direction. I would like to suggest the Govt. administration to have a look at this institute for developing Ayurveda post graduation."

Prof. K.K. Pandey

Dept. of Sangyahan, IMS, BHU, Varanasi.

"The Institute has a wonderful architectural building, huge infrastructure, potent staff and very able leadership. I was happy to see a well developed Pathology laboratory and well equipped Physiology. The work of Dept. of Dravyaguna is eye catching with Rashi-Nakshatra & Graha Vatikas. The remarkable inflow in the OPD and admissions in IPD as well as the facilities are noteworthy."

Dr. Arpan Bhatt

*Head, Dept. of Swasthavritta & Yoga
Shri Gulab Kunverba Ayurveda College
Gujarat Ayurved University, Jamnagar.*

It is a great pleasure to meet *Prof. H.M. Chandola*. The infrastructure of the institute is a great opportunity to develop Ayurveda. We really enjoyed with staff and students. Thank you very much for your hospitality."

Dr. Shekhar Annambhotla

President, AAPNA, USA.

"Excellent building, infrastructure seen in Ayurvedic domain. Faculties are wonderful therefore quality of teaching may be anticipated. I am moved with the departments shown to me."

Prof. J.N. Mishra

*Ex. Head, Dept. of Rachna Sharir
S.A.C, Lucknow
Gen. Secy. Bharat Sewa Sadan*

Namaste & Salam!

Many blessings for refining your faculty in the years to come. The 'people's medicine' is readily available in one comprehensive center with wonderful team of professional Ayurvedic associates."

Elizabeth Einiburg

Yoga Expert, USA

"I was privileged to be introduced to Ayurveda medicine in theory and practice and look forward to build a close and long-term partnership in systems medicine to improve human health."

Charles Auffray, Director, European Institute for Systems Biology & Medicine, Lyon, France

"It was a dream of 1998 which has reached reality. Ayurgenomics has taken root in India. It was great to visit of a modern hospital on traditional knowledge of medicine".

Prof. S.K. Brahmchari

*Former DG of CSIR, Founder Director CSIR-IGIB
New Delhi.*

"I am so blessed visiting your impressive clinic. The coordination of Ayurveda and modern science methods has a great feature."

Dr. Angela Roos

Gynecology and Obstetrics

European Academy of Ayurveda, Germany

"Many thanks for the warmest welcome for us & our German, Austrian & Swiss students. This Institute is a model for the future of Ayurveda. EAA is looking forward to signing M.O.U with the most modern center for Ayurveda in India."

Mark Rosenberg

Director

European Academy of Ayurveda, Germany

"I was very touched by this warm and friendly welcome to our group. The visit of the clinic was very impressive for many reasons: the sparks, the gardens and the building. Otherwise seeing how theories with practical can be put together. Seeing the old knowledge of Ayurveda taught in modern ways."

Adrian Stemmo

Yoga teacher & Ayurveda Massage Therapist

Offenbach, Germany

"Thank you for your warm welcome in your institution & the special & spontaneous opportunity to speak to your sweet & kind students. You all do a wonderful job. May Lord Dhanvantari bless this Sansthan for the forthcoming future!"

Carina Roess

Press, Germany

चौधरी ब्रह्मप्रकाश आयुर्वेद चरक संस्थान खेड़ा डाबर नजफगढ़ दिल्ली का अवलोकन किया। इस संस्थान को देखने के उपरान्त ऐसा आभास हुआ कि यहाँ की भूमि पर पूर्व काल से ऋषियों ने तपस्या करके आयुर्वेद विद्या की खोज की होगी तथा उस विद्या द्वारा सम्पूर्ण विश्व के दुखी मानवों के दुखों का निवारण किया होगा। उन्ही ऋषि मुनियों के आशीर्ष अनुकम्पा से यह संस्थान बना है जो विश्व का एक अनूठा व चमत्कारिक चिकित्सा संस्थान होगा। अभी भी जबकि यह अपने वाल्यावस्था में ही है तब भी पूरे भारत की आयुर्वेद चिकित्सा संस्थानों में एक अनूठी संस्था प्रतीत हो रही है। यहाँ कार्यरत चिकित्सक व अन्य सभी कर्मचारी बधाई के पात्र हैं।

Dr. Hari Ram Bhaduria,
Member, CCIM

Progress of the Hospital

Month	Number of the Patients in OPD	Average OPD per day	Number of Patients in IPD
January	19481	749	2535
February	19940	931	2410
March	25389	1016	3878

Medical Camps (अस्पताल आपके द्वार)

S.No.	Date	Venue	No. of Patients attended
1	19th January 2014	Puth Khurd, New Delhi	204
2	23rd February 2014	Madipur, New Delhi	131
3	23rd March 2014	Hastal Vihar, Uttam Nagar, New Delhi	406

To

Chaudhary Brahm Prakash Ayurved Charak Sansthan
P.O.:Khera Dabar, Najafgarh, New Delhi-110073

For any Suggestions or feedback, please contact :
newslettercbpacs@gmail.com