



॥ आयुर्वेदज्योतिः शाश्वतं नः प्रकाशताम् ॥

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### **Hon'ble Lt. Governor Nominated members of the Governing Council**

Hon'ble Lt. Governor of NCT of Delhi, *Mr. Najeeb Jung* has nominated members of the Governing Council of CBPACS. The members nominated are in the category of: Ayurvedic Doctors- *Padmashree Vaidya Balendu Prakash*, Dehradun & *Vaidya S. K. Misra*, Ex. Advisor, Ayurveda GOI; Teacher/Medical officers related to research & development of Ayurveda - *Prof. Abhimanyu Kumar*, Director All India Institute of Ayurveda, Delhi & *Prof. U. S. Nigam*, HOD Panchakarma, YMT Ayurveda college, Kharghar, Mumbai; Ayurvedic Pharmaceutical Industry- *Dr. S. Farooq*, President, 'The Himalaya Drug Co.' Each nominated member shall relinquish his membership on expiry of 3 years from the date on which he becomes a member of Governing Council.

### **Meritorious Students Honored by Sansthan**



Ms. Pooja Rani receiving cheque of Rs. 15000/- from Special Secy. Shri Neeraj Semwal

Ms. Jyoti Yadav receiving cheque of Rs. 10000/-

Ms. Pragati Chaudhari receiving Cheque of Rs. 6000/-

**Special Secretary - H&FW (AYUSH), Shri Neeraj Semwal being felicitated by Director-Principal**

Special Secretary-AYUSH, Dept. of Health & Family Welfare, GNCTD *Shri Neeraj Semwal* visited the Institute on May 29, 2014 & honored the meritorious students. Top three rankers *Ms. Puja Rani*, *Ms. Jyoti Yadav*, *Ms. Pragati Chaudhari* of BAMS 2010 batch were awarded with cheques worth Rs. 15000, Rs.10000 and Rs. 6000 respectively for achieving 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> position in 2<sup>nd</sup> Prof. examination. Sansthan felicitated *Shri Neeraj Semwal* on this occasion.



### Prof. Chandola designated as Nodal officer and Convenor

As per approval of the Hon'ble Lt. Governor, Delhi, an advisory committee for Ayurvedic/Unani is constituted to advise for the development of A & U Tibbia college & Hospital, Delhi. *Prof. H. M. Chandola*, Director, CBPACS, Delhi, is designated as nodal officer to coordinate & convene meetings. Director-ISM&H (AYUSH), GNCTD is co-convenor and his office will function as Secretariat for advisory committee meetings. The other Ayurveda experts are: *Prof. (Dr.) Ajay Kumar Sharma*, Jaipur, *Prof. (Dr.) Abhimanyu Kumar*, New Delhi, *Padma Bhushan Vaidya Devender Triguna*, New Delhi, *Padma Shri Vaidya Balendu Prakash*, Dehradun. Unani experts are: *Padma Shri Prof. S.Zill-ur-Rahman*, Aligarh, *Prof. (Dr.) Rais-ur-Rahman*, Advisor (Unani), Govt. of India. *Prof. (Dr.) Shakir Jameel*, D.G.- CCRUM, New Delhi.

### Indonesian delegation at CBPACS



Indonesian Delegation in informal discussion with Director- Principal

A six member delegation from University of Hindu, Indonesia visited CBPACS on April 2, 2014. They interacted with faculty members & explored different branches of Ayurveda flourishing in the Hospital. They were apparently delighted to see such wonderful institute of Indian System of Medicine.

### Special Secretary visits Sansthan

*Mr. J.P. Agrawal*, Special Secretary (Health), GNCTD visited Sansthan on April 8, 2014. He not only inspected the services & working but also gave valuable suggestions for upliftment of the Sansthan. He was very much satisfied to see the efficiency of the hospital staff managing so many patients so well.



Mr. J.P. Agrawal, Special Secretary (Health) being felicitated on his visit to the Institute

### IBF Chairman from Latvia at CBPACS

*Mr. Kamal Bhasin*, Chairperson, Indo Baltic Federation (IBF), from Riga, Latvia, EU visited Ch. Brahm Prakash Ayurved Charak Sansthan on April 23, 2014 and was impressed with the progress of the institute in such a short time. He was pleasantly surprised to see the long queue of patients in OPD.

### 'CBPACS-an ideal institution' Says Murthy

*Dr. A.R.V. Murthy*, Dean & Superintendent, G.J. Patel Ayurveda College & Hospital, New Vallabh Vidyanagar, Gujarat came to see the Sansthan. In his words, CBPACS is an ideal institution of Ayurveda which every Ayurvedic physician must visit. He said that the teachers & students of the institute are privileged to be part of such a 'Centre of excellence'.

### Another Landmark in the Hospital

There is another addition in the facilities provided for the patients. Much awaited '**Ultrasonography Unit**' has become functional in the Hospital from April 17, 2014. It was inaugurated by *Prof. (Dr.) H.M. Chandola*, Director-Principal in the presence of staff, patients & students.

### We donate blood-we spread smiles!



A view of Blood Donation Camp organized at CBPACS in collaboration with Rotary Club, Ghaziabad members who donated blood. The blood donors told that the experience was like lighting a candle in someone's life.

A Blood donation camp was organized in the Hospital campus in collaboration with Rotary Club Gzb. on April 23, 2014. It was a huge success with 102 volunteers including many students & staff

### Academic Audit

On behalf of GGSIPU, to which CBPACS is affiliated, a two member team viz. *Prof. Kannan*, Proctor, GGSIPU & *Prof. Naresh Vats*, Head, University School of Humanities, GGSIPU visited the Sansthan for academic audit. Prof. Kannan, former VC, Nagaland University complimented the Institute as excellent 'State of Art' institution. The team also gave valuable suggestions to develop research based work in future.



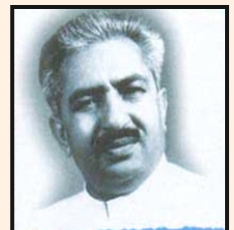
GGSIPU Academic audit visitation team during inspection in Dravyaguna Dept. of institute

### Yes! We make Ksharsutra now

Department of Shalya Tantra has become more efficient & independent as it can manufacture ksharsutras with traditional method using latest technology. These ksharsutras are used for the successful treatment of ano-rectal disorders. Inauguration of '**Ksharsutra Manufacturing Unit**' was done by Director-Principal in presence of Med. Supdt., Additional Director (Academic), Deputy Director (Admn.) & Faculty members of CBPACS on April 01, 2014 at Dept. of Shalya Tantra. Congratulations to the Dept. of Shalya for this great achievement to cater the need of the patients.

### Let's not forget the roots of CBPACS

The birth anniversary of Late *Chaudhary Brahm Prakash* was celebrated on June 16, 2014 in the Sansthan by all staff members, students & patients. On this occasion, his son *Shri Suresh Chaudhary* was invited as chief guest. Remember *Chaudhary Brahm Prakash* was the first Chief Minister of Delhi & this institute, a dream project of Delhi Govt., is dedicated to his name. Social worker *Shri Ramdatt* who has long association with Late *Ch. Brahm Prakash* attended the function with many others.



Late Chaudhary Brahm Prakash

## The Need for Green



Environment Day celebration in CBPACS

'World Environment Day' was celebrated with full enthusiasm in Sansthan on June 5, 2014. *Shri R.K. Yadav*, Director, Krishi Vigyan Kendra & *Shri Rakesh Singh*, Horticulturist from the same institute were invited as special guests to talk about the need to protect our environment by simple methods. *Prof. (Dr.) Tanuja Nesari*, Addl. Director (Acad.), CBPACS, also delivered lecture on 'Role of AYUSH in Protection of Environment'. The program ended with distribution of saplings by Dept. of Dravyaguna.

### Well done Students!

The first batch of BAMS students of CBPACS (2010 batch) have successfully cleared their 2<sup>nd</sup> Prof. final examination conducted by GGSIPU. *Ms. Pooja Rani*, *Ms. Jyoti Yadav* and *Ms. Pragati Chaudhari* bagged 1<sup>st</sup> (82.7%), 2<sup>nd</sup> (80.6%) and 3<sup>rd</sup> (76.5%) positions respectively. We are proud to have you students!

### Monthly Seminar

During the month of April to June, 2014, following faculty members presented informative papers in the seminars followed by interactive discussions.

Speaker	Designation	Topic	Date
Dr. Santhosh S.R.Nair	Associate Professor I/C HOD Sanskrit Samhita evam Siddhanta	Punarjanma (Rebirth)	03/04/2014
Dr. Riju Aggarwal	Associate Professor I/C HOD Shalaky Tantra	Computer Vision Syndrome - An Ayurvedic Approach	01/05/2014
Dr. Mahesh Kumar	Assistant Professor, Shalya Tantra	Journey of Agni Karma Chikitsa-A glimpse in treating variety of diseases	05/06/2014

### CME

1. 'Himalaya Drug Company' organized a Doctors Meet Programme (DMP) on April 16, 2014 at the institute on 'Hepatitis B Infection' which was well attended by the faculty, doctors and students.
2. Emami Limited organized a CME on May 21, 2014 at the Sansthan. The speaker of the CME 'Dr. Pawan Sharma' (Vice President - R & D) delivered an excellent lecture on the topic "Joint disorders". On this occasion Prof. H.M. Chandola Director-Principal, Prof. Tanuja Nesari Addl. Director (Academics), Prof. N. R. Singh, Medical Superintendent and Prof. Arun Gupta, HOD Panchakarma were honoured by the company.

## Guest Lecture

Prof. K. Nishteswar, HOD, Dravyaguna, IPGT & RA, Gujarat Ayurved University, Jamnagar delivered an innovative and thought provoking guest lecture on 'Kamalahara Dashemani - A Novel Group for the Management of Liver Disorders' on May 30, 2014. The lecture enriched with tradition and technology with recent updates was greatly admired by students and staff of the institute.



Dr. K. Nishteswar, HOD, Dravyaguna, IPGT&RA GAU, Jamnagar delivering guest lecture

## Spotlight on Achievements

1. *Prof. (Dr.) Tanuja Nesari*, Addl. Director (Academic) was invited as a resource person at SDM College of Ayurveda, Hassan during May 9-10, 2014. She delivered a lecture on 'Principles of Therapeutic Diet'. During June 1-2, 2014, Dr. Nesari was invited to inaugurate CME on Dravyaguna Sponsored by RAV at J.S.S Ayurveda College, Mysore. She was also invited as resource person in CME for Medical officers organized by AYUSH on June 2, 2014 to give a talk on 'General Principles of Pharmacology'.
2. *Dr. Mahesh Kumar*, Asst. Professor, Dept. of Shalya Tantra presented paper on 'Jalaukavacharana (Leech Therapy)' in International conference "Ayurveda For All" -2014 (ICAFA-2014) jointly organized by Ayush Darpan Health magazine & Tathagat Ayurved Research Foundation, Pune, at Dehradun on May 17, 2014.
3. *Dr. Gaytri Juneja*, Associate Professor, Dept. of Kriya Sharir delivered a guest lecture on 'Dosha-Dhatu-Mala Vigyaneeeya' on April 1, 2014 at DMC Centre, India Red Cross Society NHQ, New Delhi on invitation by AYUSH, GOI.
4. *Dr. Umesh Kumar Sapra* delivered guest lecture on "Disease process and the role of Diet and other Factors in the development of the Disease" on 15th May 2014 at DMC Centre, Indian Red Cross Society NHQ, New Delhi on invitation by AYUSH, GOI.
5. *Dr. Vaishali Mali*, Asst. Prof. (Basic Principles), delivered a lecture on 'Prakriti' in a teachers training workshop on Health for CBSE affiliated schools at CBSE headquarters, Preet Vihar, New Delhi on June 19, 2014
6. *Dr. S. S. Misra*, Assistant Professor Dept. of Agad Tantra & *Dr. Umesh Kumar sapra*, Asst. Professor, Dept. of Roga Nidan participated in First Pre-congress Symposia on "Medicolegal issues in AYUSH Clinical Practice" at Medanta-The Medicity, Gurgaon on June 18, 2014.
7. *Mr. Amit Kumar Prajapati*, Librarian, CBPACS qualified UGC-NET examination held for lecturers in the field of library and information science as per result declared by the Head NET Bureau, UGC on April 04, 2014.

## Publications

1. Role of Omega-3 Fatty Acids in Brain and Neurological Health with special reference to Clinical Depression' by H. M. Chandola and Ila Tanna, in Omega-3 Fatty Acids in Brain and neurological health, P.P. 163-179, Edited by Ronald Ross Watson & Fabien De Meester, San Diego Academic Press, USA, 2014.
2. Clinical Trials on Rasanjana (Aqueous Extract of Berberis aristata Roots) & Honey Eye Drops in Netra Abhishyanda ( Infective Conjunctivitis)- *Dhiman S.K, Awasthi Sanjeev, Agarwal Riju and Tanwar Manoj*, 'Journal of Research in Ayurveda and Siddha' /Vol. XXXII/No.3-4/July-Dec. 11/Page 15-30.



3. A Clinical Study on the Effect of Rasanjana (Extract of Berberis Aristata) Eye Drops in Treatment of Netra-Abhishyanda ( Infective Conjunctivitis)' by *Agarwal Riju, Rani Manju, Dhiman K. S., 'International Research Journal of Pharmacy'*/Vol.5/Issue3/Page 198-202.
4. A Clinical Study on Efficacy of Indukanta Yoga and Darvyadi Yoga in Tundikeri w.s.r. to Acute Tonsillitis'- *Gaur Amit, Agarwal Riju, Rani Manju, Dhiman K.S., Pandey Ruchi,* Journal of Ayurveda and Holistic Medicine'/May 2014/Vol.2/Issue 5/ Page 18-30.
5. Agnikarma Chikitsa : An Introduction by Way of Possibility in Treating Various Disease'- *Kumar Mahesh, Singh Lakshman.,in Sangyahan Shodh, Feb. 2014/Volume. 17/ No1/ISSN 2278-8166/page-11-16.*
6. Jalaukavacharana (Leech therapy): A new Approach for Non-invasive Therapy'- *Kumar Mahesh, Rani Manju, Chaturvedi Sonal.* 'International Conference Ayurveda and Tathagat Ayurveda Research Foundation'. May 17-18, 2014/ ISSN no. – 09763368/ Page no. 62-65.
7. Hepatitis B Carrier Stage- A Case Study, *Sapra Umesh,* Journal of Ayurveda and Holistic Medicine'/Vol.2/Issue 3/Page 45-46.
8. Role of Samprapti in the selection of Panchakarma Procedure, *Sapra Umesh,* in the souvenir of International Conference 2014 "Ayurveda for All" held on May 17-18, 2014 at Dehradun, India.

### Visitors' Quotes



Dr. Doiphode being honored by Director-Principal & Addl. Director (Acad.)

"It's a great blessing to visit the best institute of Ayurveda in the world. We do appreciate the loving welcome. May this experience be spread and explored more in the future"

**Made Suar Dewi,**  
**University of Hindu**  
**Indonesia**

"I am very impressed with the progress made in such a short time of inception in not only the field of academic but also the response of the people attending the O.P.D facility. It was very good fortune to know that such an institute also exists in Delhi. All my best wishes and hopes for co-operation."

**Mr. Kamal Bhasin**  
**I.B.F, Riga, Latvia, EU**

"An Ideal Ayurveda Institute – Every Vaidya of Ayurveda institute should visit. Best of infrastructure, technology and patient population of more than 1200 per day is great combination. Every student and teachers are privileged."

**Dr. A.R.V. Murthy, Dean & Suptd.**  
**G. J. Patel Ayurveda College & Hospital**  
**New Vidya Nagar, Gujarat**

"It is a meticulously well maintained institute in the whole country."  
Suggestions:

- 1) Documentation of clinical data wsr to Agnikarma & Jalauka Karma.
- 2) Development of Museum of Ethnomedicine.

**Prof. K. Nishteswar, HOD, Dravyaguna**  
**IPGT & RA, Gujarat Ayurved University, Jamnagar**

"Excellent state of the art institution. It has indeed a very bright future as BAMS and PG courses get established. All the best."

**Prof. K. Kannan, Proctor**  
**A-108, US Biotechnology, GGSIPU**

"Very professional staff-provided great service, a great team of professional doctors-with all best wishes."

**J.P. Agrawal**  
**Sp. Secretary (Health), GNCTD**

"I am really happy to see that an Ayurvedic institute is being managed so efficiently under dynamic leadership of Dr. Chandola, it will show that Ayurved is main stream medical modality of whole world."

**Dr. V.V. Doiphode**  
**President, RSM, Pune**  
**Ex. Dean, Faculty of Ayurved, PUNE**

इण्डोनेशियातः समागतविद्वद्भिः सह अत्र आगतः अहम्  
अत्रत्यव्यवस्थां दृष्ट्वा चकितो भवामि। भारतीयचिकित्सापद्धतिः समेषां  
दुःखशमनाय क्रियमाणप्रयत्ने महत्त्वपूर्णभूमिकां निर्वहति इति दृढः  
विश्वासः मम मनसि जागर्ति।

क्. वेकंदेश मूर्तिः

राष्ट्रिय संस्कृत संस्थानम्

56-57 ए ईड. ऐरया, जनकपुरी, नव देहली

### Progress of the Hospital

Month	Number of the Patients in OPD	Average OPD per day	Number of Patients in IPD
January	24157	1098	4156
February	26363	1013	4585
March	23009	920	4092

### Medical Camps : ( अस्पताल आपके द्वार )

S.No.	Date	Venue	No. of Patients attended
1	April 27, 2014	Bhagirath Garden, Uttam Nagar	247
2	May 5, 2014	Singh Sabah Gurudwara, Palam	432
3	June 15, 2014	Sector-3, Rohini	150

To

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For any Suggestions or feedback, please contact :  
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