



# Newsletter

## CBPACS (JAN 18-DEC-18)

**Chaudhary Brahm Prakash Ayurved Charak Sansthan Khera Dabar New Delhi**

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### Director-Principal's Message

I feel proud to present this newsletter of Ch. Brahm Prakash Ayurved Charak Sansthan (CBPACS) edition Jan 2018- Dec 2018 which endow information regarding day to day functioning of the institute and achievements roofed so far. The institute well known for its high quality health service, has now become one of the few Ayurvedic hospitals, whose services have been accredited with ISO. The Institute is imparting knowledge of Ayurveda not only to students of India but also to students of other countries. Students from Nepal, Japan, Malaysia, Trinidad & Tobago and Srilanka are taking education of Ayurved from this Institute. To promote and propagate Ayurved nationally as well as globally, the institute is intended to start various short term courses. Working with an aim to provide best in academics and clinical excellence we organize various guest lectures, workshops, seminars, clinical and research meetings in the Institute. We are very much thankful to Hon'ble Chief Minister & Health Minister of Govt. of Delhi who is also Chairman, GC - CBPACS and all the Members of Governing Council for their timely valuable guidance and support which encourage us all the time to get success in every field of this Institute.

### Hon'ble Health Minister, GNCTD visited Sansthan



Sh. Satyendra Jain, Hon'ble Health Minister GNCTD visited the Sansthan. He not only inspected services and working but also appreciated & encouraged everyone for their valuable and remarkable services towards upliftment of the institute. He was satisfied to see the efficiency of the hospital staff.

### Delegates from Slovenia & Russia visited CBPACS

Delegates from Slovenia & Russia visited CBPACS. They had a dialogue with faculty members of CBPACS for further collaborations in the field of Ayurveda. They were apparently delighted to see such a wonderful institute in Indian system of Traditional medicine.



### Meritorious students Felicitation Ceremony by Hon'ble Health Minister of GNCTD

Hon'ble Health Minister of GNCTD Shri Satyendra Jain and MLA Matiala Constituency, Shri Gulab Singh visited the institute on 13th May, 2018 and honoured the meritorious students. Top three rankers of BAMS were awarded cheques worth Rs.15000/-, Rs.10000/- and Rs.6000/- respectively for achieving 1st, 2nd & 3rd position in each year's university examination.

### Let's Not forget the roots of CBPACS

The death anniversary of Late. Chaudhary Brahm Prakash was celebrated on 13th August in the Sansthan by all staff members, students and patients. On this occasion Hon'ble Health Minister GNCTD Shri Satyendra Kumar Jain and MLA of Matiyala Vidhan sabha Shri Gulab Singh ji were invited as Chief Guest and Guest of Honor.



### Independence day celebration in Sansthan

On 15th August 2018 Independence Day was celebrated in the presence of Director-Principal. All faculty, administrative staff, hospital staff, students and patients celebrated independence day. On August 15th, 1947, the great nation of India opened a new chapter in its history – an era of freedom, struggles and progress. This could happen only due to the sacrifices made by countless freedom fighters.

### We donate blood-we spread smiles

A blood donation camp was organized at Rao Tula Ram Government Hospital under GNCTD Jaffarpur with team of DDU on 28th June-2018. Volunteers of CBPACS including many students and staff who donated blood and experienced lightening a candle in someone's life.

### Information technology training sponsored by Ministry of AYUSH GOI

Faculties of CBPACS participated in "Information Technology (I.T.) Training for AYUSH Professionals" Organized by "Centre for Development of Advance Computing (CDAC)", Pune, Maharashtra in Collaboration with "Ministry of AYUSH" Government of India

Dr. Shanker Sharan Mishra, Assistant Professor, Agad Tantra, CBPACS, New Delhi.

Dr. Mahesh Kumar, Assistant Professor, Shalya Tantra, CBPACS, New Delhi.

Dr. Jitendra Varsakiya, Assistant Professor, Kayachikitsa, CBPACS, New Delhi



## Swachha Bharat Abhiyana - CBPACS

CBPACS staff and students cleaning the premises  
A cleanness drive was undertaken by faculty, doctors, staff members and students with full swing in the Sansthan with Director-Principal and Additional Director Academics on 2nd October, 2018.

## Academic Audits:

Academic audit was conducted by three member committee from IP university



## Plantation programme:

Plantation was done by Hon'ble MLA Matiyala, Vidhan Sabha Shree Gulab Singh in the presence of Director-Principal, Additional Director (Academics), faculties, staff members and students of UG and PG of CBPACS.



## Shishyopanayan Samskar

Shishyopnayan Samskar of Batch 18-19 was held on with a lot of fun and fervour in the college.



Student's Achievements

## Another landmark in the Hospital, Bus Service for the patients

There is another addition in the facilities provided for the patients. Much awaited- Round the clock Government Bus service has been started from Tilak Nagar to the Sansthan W.E.F. July 2018 It was inaugurated by Hon'ble Minister of Transport, Shri. Kailash Gahlot in the presence of staff, patients, students and public.



Celebrated International Yoga Day in the Sansthan

## List of Seminar and Guest Lecture

| S.No. | Resource Person/Speaker  | Topic & Date   |
|-------|--|--|
| 1     | Dr. Rima Dada,<br>M.D., Ph.D (Genetics), MAMS, Professor,<br>Lab for Molecular Reproduction and<br>Genetics, Deptt. of Anatomy, All India<br>Institute of Medical Sciences<br>(AIIMS), New Delhi | Topic – Optimal<br>Health Optimal Choices.<br>Date : 26.07.2018 (Thursday) |
| 2     | Dr. Siddharth, MBBS, DNB (Pediatric),<br>Medical Office, Dada Dev Hospital,<br>Govt. of NCT of Delhi   | Topic – How to handle<br>paediatric emergencies.<br>Date : 07.09.2018      |
| 3     | Prof. (Dr.) Gurdeep Singh, Ex-Dean,<br>IPG T & RA, Jamnagar  | Topic – Panchamahabhoota<br>Date : 31.01.2018                              |
| 4     | One day orientation programme<br>for PG scholars   | Date :30.08.2018   |

## Spotlight on Achievements in Academics/training participation of Sansthan:

|  |  |
|--|--|
| Training on Rights and Welfare of Senior Citizen care and respect  | 31 August 2018   |
| Civic Sense and Etiquette  | 13-14 Sept., 2018  |
| Training on complaint handling mechanism for Sexual<br>Harassment Committee Members  | 24 August 2018   |
| Faculty was: <ul style="list-style-type: none"> <li>• Invited as guest speaker by Ministry of Health Braslia, Brazil</li> <li>• Deputed as a Yoga Expert by Ministry of AYUSH, Govt. of India on the occasion of 4th International Day of Yoga for Hungary Budapest, Hungary</li> <li>• Deputed as expert to Ministry of Health, Environment and Nature of Government of Curacao, Latin America</li> <li>• Invited as expert by Medical University of Graz, Austria</li> </ul> | 1-15 Mar, 2018<br>20-25 June, 2018<br><br>June, 2018<br>5-7 Sept, 2018 |
| Faculty also   |  |
| Participated in Largest Class of Charak Samhita Dilli Haat, Janakpuri  | 26 May 2018  |
| Participated in 1st Rashtriya Ayurveda Krida Mahotsava & Arogya Bhopal (MP)  | 27 to 29 September 2018  |
| Participated in Run for Ayurveda Run for Unity AIIA, New Delhi   | 28 October 2018  |
| Participated in Training on Settlement of Pensionary benefits<br>at Directorate of Training UTCS   | 27th – 28th Aug 2018   |

## Other Facilities/Information's

- Our student is top ranker in the NEET PG examination held at All India Level for entrance in MD (Ayurveda) course in 2018-19.
- Herbal Garden: Herbal Garden is already developed in Five acres of land and another Herbal Garden in 47 cares land is in the process of development with Green House & two thematic gardens viz Nakshatra Vatika & Navagraha Vatika. During last 3 years more than 25,000 medicinal plants of 300 species have been planted.
- The Hospital & Medical College has been formally dedicated to the nation by then Hon'ble President of India Smt. Prathibha Devi Singh Patil on 5th July 2012 having facilities of patients care and education as per International standards.



- Tours: Dravyaguna, Rasa Shastra, Swasthavritta & Agad Tantra Department of the Sansthan regularly are organizing guided study tour and field visit for the improving practical knowledge of the students.
- Sansthan is providing wide exposure of patients care services to the students and scholars as near about 1500 patients are daily coming the hospital for taking OPD services. Hospital has 210 beds which are almost occupied around the year.
- Sansthan also has specialized units of Panchkarma, Ksharsutra, Agnikarma, Leech Application, Physiotherapy units.
- The diagnostic centre of the hospital of Sansthan has centralized clinical laboratory which is well equipped with automated analyzer. Diagnostic centre also has X-ray unit and Ultrasound unit.
- Sansthan is covered by CCTV surveillance.
- For uninterrupted power supply, Sansthan has well equipped by 2 DG sets of 750 KVA.
- For providing safe drinking water, Sansthan has a R.O. plant having the capacity to produce 2500 liters per hour of safe drinking water.
- Separate hostel facilities are provided for Boys, Girls and PG scholars.
- Residential staff quarters for employees of Sansthan from category A to E are available in the campus.
- The facility of Canteen is also available in Sansthan with well established Community centre.
- Air Conditioned Auditorium with sitting capacity for sitting arrangement of 300 persons is available in campus.
- Indoor Outdoor sports facility for students.

## Faculty Publications:

| S.No. | Title of book  | Author & Publisher  | ISBN No.                 |
|-------|--|---|--------------------------|
| 1     | Essentials of Nidan Panchak<br>– Rognidan Virkti Vigyan<br>– Part -2                           | <b>Prof. (Dr.) Vidula Gujjarwar</b><br>Chaukhamba Surbharti Prakashan                   | 978-93-86554-33-8        |
| 2     | Role of Shirodhara (Specialised<br>Ayurvedic Treatment) in<br>Anxiety Neurosis                 | <b>Dr. Anup Jain</b><br>Published by Lambert<br>Academic Publishing                     | 978-613-9-94389-0        |
| 3     | Kaumarbhritya-Neonatology<br>Panchkarma in Pediatrics in<br>Ayurveda                           | <b>Prof. (Dr.) Bharat Bhoyar</b><br>Print factory, Dwarka                               | ISBN 978-16-148410-0     |
| 4     | Contributed in development of<br>protocol for management of<br>Diabetes and its complications, | <b>Prof. (Dr.) Bharat Bhoyar</b><br>Ministry of AYUSH, GOI,<br>New Delhi                | ISBN 978-16-148410-0     |
| 5     | Application of Leech Therapy<br>in Clinical Practice”  | <b>Dr. Mahesh Kumar</b><br>DPS Publishing House, Gola<br>Cottage Darya Ganj New Delhi-2 | ISBN : 978-93-83046-09-6 |
| 6     | Application of AGNIKARMA<br>in Surgical Practices  | <b>Dr. Mahesh Kumar</b><br>Chaukhambha Orientalia<br>Varanasi UP.                       | ISBN:978-93-86660-69-5   |
| 7     | Ayurvedia Stri Rogavigyan  | <b>Dr. Trapti Aggrawal</b><br>Chaukhamba Surbharti Prakashan                            | 978-93-86554-75-8        |
| 8     | The clinical approach to<br>Marma Chikitsa   | <b>Dr Gaurav Phull</b><br>Innovative publications                                       | 978-93-5300-962-5        |

## Visitors quote:

**Armoidon Paulic Sabine**, Yoga teacher (France)

Thanks For the warm welcoming by the institute’s authorities. Ayurveda is really the better science for our life. I am very happy to see such establishment for Ayurveda services and my faith toward traditional medical science is increase.

**Dr. Aparna Gotankar ( Prof. Dravyaguna) Dr. J.V Kulkarni ( Asso. Prof. Dravyaguna), Dr. R.S Upadhyaya (prof. Agad Tantra) CMSSS Ayurveda Collage, Aurangabad, Maharashtra.**

It is really very good and memorable visit. We are thankful to Director-Principal and Dr. Subhash Sahu for their full co-operation.

**Dr Rima Dada**

It was a pleasure to come here for the guest lecture. This is excellent institute and hospital.

**Ciska vander Schalk**

Thank You Very much for having us. we received such a warm welcome and so much knowledge and wisdom which is being shared here. Such a special place.

**Madan Thangavellu**

European Ayurveda association and group of Indian academic science. UK Cambridge UK

This institute has immense opportunities to develop high level facilities in Ayurveda for the state of Delhi and extend to world. I look forward to stay in touch such a huge institute in future.

**Jagmohan Singh Judge Dwarka, Secretary south-west**

**Dist. Legal services authority**

State of the art facility in the field of Ayurveda. students filled with high hope and energy.

**List of Medical camp organized by CBPACS between January-December-2018**

1. Medical camp at Swami sarvanand Sena Sameetee Udasin Ashram Aram Bag, New Delhi on dated :11th March-2018.
2. Medical camp at Shreshtha Bharat Foundation, Khasara No 18/18, D-Block, Main Hanuman Chowk Road Kutub Vihar Phase-2, Goyala dairy, Najafgarh, New Delhi-110071 on dated 15th August-2018.
3. Medical camp at Jaarurat Foundation , J,J Colony Phase 3, Dwarka, New Delhi on dated 21th October-2018.
4. Medical camp at Govt. co-edu Sr.sec School Khera Dabar, New Delhi on dated 23rd October-2018.
5. Medical camp at Shiv Mandir Kanna Mohalla, Chhawla, New Delhi on 25th November-2018.
6. Medical camp at shri Guru Ramray Udasin Ashram Aaram Bag, New Delhi on 23th December-2018.

