

CH. BRAHM PRAKASH AYURVEDA CHARAK SANSTHAN

(An Autonomous body under Govt. of NCT of Delhi)

KHERA DABAR, NAJAFGARH, NEW DELHI - 110073



Academic Brochure 2021-23

Panchkarma Technician course (Two years full time)

Last Date:...../...../2021

About CBPACS:

Chaudhary Brahm Prakash Ayurved Charak Sansthan (CBPACS) is an autonomous Ayurvedic Medical college and Hospital under the Govt. of NCT of Delhi and is registered under the Societies Registration Act 1860. The chairperson of the Governing Council of the Institute is Hon'ble Minister, Department of Health and Family Welfare, Govt. of Delhi. The institute is named in the honor of first Chief Minister of Delhi, Late Shri Chaudhary Brahm Prakashji.

Infrastructure of the institute:

The institute is spread in a huge 95 acres of lush green eco-friendly campus with total built up area of 47,150 Sq. meters; the institute has separate academic and hospital block each having 4 storied building with central AC plant in basement of Hospital Complex. The institute has five Lecture theatres and 01 Seminar hall equipped with audio visual facility. Other amenities are separate boys' and girls' hostel, Doctors hostel, Central Library, Sports ground, Canteen and Housing complex. The entire building is safe with Fire Alarm system and extinguishers. The Institute campus is declared as "Tobacco Free Zone."

Hospital:

The 270 bedded hospital attached to the institute is centrally Air-conditioned and is providing health services through its highly skilled and experienced Doctors. The hospital has 21 functional OPDs of different specialties like joint disorder, neurological disorders, respiratory diseases, gastrointestinal disorders, and surgical diseases etc. The hospital is also running special OPDs for treatment with Panchkarma therapy, Ksharsutra therapy, Leech therapy, thyroid disorders, de-addiction clinic & Agni karma. The patients admitted in Private and General Wards get homely environment in the hospital and are taken care by the trained, experienced and friendly nursing staff. The patients of the indoor section are provided with healthy nutritious food as prescribed by their doctors keeping in view of dietary regimen described in Ayurvedic text. Panchkarma department has already conducted more than 1 million therapies while conducting various researches at the same time. More than 20 in-house technicians have also taken training and passed till date. CBPACS is the first Ayurvedic hospital in India to reach a record average of more than 1000 patients a day with 100% occupancy in indoor section almost throughout the year.

PANCHAKARMA TECHNICIAN COURSE**What is Panchakarma?**

Ayurveda is one of the most popular and accepted traditional medicine systems across the globe. Panchakarma being the most integral and important part of Ayurveda Medicine is time tested and evidence based. The popularity of Ayurveda has increased in recent times by the wide acceptance on efficacy of Panchakarma Therapy.

Panchakarma therapy being a bio detoxifying methodology requires systematic technical assistance for the smooth conduction of procedures. Panchakarma procedures are utilized to cleanse the body in a deeper level along with different external therapies. At CBPACS, a unique and intense course has been designed, which is one of its kind in the country.

The course offers?

This course helps one who learns the same to be technically trained and confident along with a deeper insight to the healing science of Ayurveda and its principles. At the same time the course even provides an ultimate opportunity for the ones who undergo, to place themselves globally in a very high demanding job in Ayurvedic hospitals, Panchakarma centers, Health resorts, wellness centers etc. The demand for skilled Panchakarma technicians are on high-rise as the acceptance of Ayurveda is widely spreading across the globe.

Advantages with CBPACS

The candidates get to learn from the most experienced and best faculty along with the most premier infrastructure in the country. Every candidate undergoing the course will be confident and trained a class apart from the rest. After due completion of the course the candidate will be awarded the certificate from CBPACS, the premier institution of the country providing a higher reputation and acceptance at global platform.

GENERAL INFORMATION AND CONDITIONS

Applicants are advised to read all instructions carefully before sending their applications

1. All applicants must fulfill the essential requirements of the course and other conditions stipulated in the advertisement as on the last date of receipt of the applications (31.08.2021). They are advised to satisfy themselves before applying that they possess essential criteria laid down. Candidates waiting for their +12 result may also apply, provisionally. Such candidates must pass qualifying examination on or before the date of counseling.
2. If any document/Certificate furnished in a language other than Hindi or English, a transcript in Hindi/English of the same duly attested by a Gazetted Officer or Notary is to be submitted.
3. The date for determining the age and qualification will be the closing date prescribed for receipt of application.
4. Reservation status will be applicable as per central government norms.
5. Institute reserves the right to make any amendment, cancellation and changes in this advertisement in whole or as per part without assigning any reason thereof.

6. Any corrigendum/order regarding this advertisement will be issued on the website only. Candidates are advised to remain in touch with the website for this purpose. No separate corrigendum etc. will be published in Newspaper.
7. Applicants will be fully responsible for the accuracy of the information they furnish. Any information furnished by the candidate if found wrong at any stage will result in his/her disqualification and/or dismissed from the service at any stage and No correspondence will be entertained at all.
8. The entrance exam/ interview/call letter, if shortlisted shall be sent by speed/registered post and e-mail. However, the Institute shall not be responsible for any postal delay or lapse, whatsoever.
9. No Correspondence or personal inquiries shall be entertained.
10. In case of any dispute on this issue, the jurisdiction will be Delhi.
11. Canvassing in any form will be treated as a disqualification
12. The decision of the Director, Ch. Brahm Prakash Ayurved Charak Sansthan (CBPACS) will be final in this regard.

Objectives:

1. To provide efficient and expert Panchkarma Technician for Ayurvedic physicians to assist in performing Panchakarma Therapies.
2. To provide skilled manpower for employment in Government and private sectors.

Eligibility:

Basic Qualification:

1. Candidates with Intermediate/Senior School Certificate Examination (Class XII) (12 years of Schooling).
2. Preference will be given to Paramedical personnel like institutionally trained physiotherapists or staff nurse (Male/ female) with bachelor's degree/ diploma/ recognized course for the Panchakarma Technician course.

Age Limit:

Below 35 years as on 1st January 2021. 5 years age relaxation will be given to SC/ST candidates and 3 years age relaxation will be given to OBC candidates of Non Creamy Layer (NCL) as per the norms of Govt. of NCT of Delhi.

Medium of Instruction:

The medium of Instruction will be Hindi / English. (Explanations and Interpretations may be given in regional languages as per requirement)

Academic Session:

Academic Session of full time Training programme will be two years for Panchakarma Technician.

Admission procedure:

Applications may be invited through a window Advertisement published in National (1 Hindi & 1 English) newspapers which must also be uploaded on CBPACS website (www.cbpacs.com) along with the Information Brochure, Syllabus and Application Form.

Application Form:

Application Form may be downloaded from the Sansthan's website i.e. **www.cbpacs.com** after publication of Advertisement in Newspapers. Duly filled in application form are to be submitted to the Sansthan by Registered/Speed Post along with self-attested requisite documents and **Demand Draft of Rs. 500/-** for the candidates of general category and Rs. 300/- for the candidates of SC/ ST/ OBC communities drawn in favor of **Ch. Brahm Prakash Ayurved Charak Sansthan**, payable at **New Delhi on or before the last date**.

Invalid Applications:

Candidates are advised to read all instructions carefully before sending their applications otherwise their applications are likely to be rejected on one or more of the following reasons in terms of the notifications.

- Applications received after the closing date
- Applications not in prescribed format
- Candidates not having the required qualifications
- Applications without latest photo not being pasted in the provided space
- Applications without declaration
- Application without signature
- Applications without supporting documents
- Applications, which are incomplete/illegible in any manner
- Applications without the prescribed Application Fee (as applicable)
- Application on another format not prescribed by CBPACS

Selection Procedure:

Admission in this course will be made on the basis of Merit of marks obtained in 12th Class. The list of selected candidates will be uploaded on Sansthan's website and will also be displayed at Notice Board of the Sansthan. A waiting list will also be made to fulfill the vacant seats, if any. The decision of the Director - Principal/ In-charge will be the final in selection of candidates. **If any student is found to have joined in any similar or different full time course elsewhere, his/her admission will be deemed cancelled.**

Hostel facilities:

Accommodation and boarding of the participants in the training course should be arranged by themselves. No Hostel facility is available for the students of this course.

Intake capacity:

Number of Seats: 30 in each year. Number of seats may vary on the basis of availability of infrastructure and requirement in each year.

Reservation

As per rules of the Government of India, reservation policy is 50% seats (15 seats) for General, 15% (4 seats) for SC, 7.5% (2 seat) for ST, 27% (8 seats) for OBC and 4% (1 seat) for PH. In case of non-availability of eligible candidates in reserve category, seats will be filled from General Category.

Fees:

Course Fee: The course fee Rs. 40,000/- (Forty thousand rupees only) for the course of Panchakarma Technician, the fee will be payable on annual basis in two equal installments of Rs. 20,000/- each.

Examination Fee: Examination fee of Rs.1000/- (One thousand rupees only) is to be paid to procure the Examination Form, devised and provided by the Sansthan which will also be filled up and submitted by the trainee along with examination fee.

Caution Deposit (Refundable): Rs 5000/-

No refund will be allowed once any of the fees is deposited.

Training Institute:

The course will be conducted in the Panchakarma section of the Ch. Brahm Prakash Ayurved Charak Sansthan, Khera Dabar, New Delhi. HOD Panchakarma will be the course coordinator.

Design & Period of Course:

This is a full time, regular & non residential course and the classes will be conducted in all working days from 8:00 AM to 12:30 PM and 1:30 PM to 4:00 PM.

Syllabus

- Basic Principles in theory and philosophy of Ayurveda including Basics of Sharir Rachana and Kriya
- Poorvakarma (Pachana, Deepana, Snehana, Swedana, External Treatment)
- Pradhanakarma (Vamana, Virechana, Basti, Nasya, Raktamokshana)
- Sansarjana Krama, Ahara & Aushadha Kalpana

Assessment and Examination:

In order to ensure patient safety and the qualified practice of Panchakarma, a system of independent examination is necessary. On completion of the full programme of the training, the trainee's theoretical and clinical competence in Panchakarma will be independently evaluated through written and practical examinations in the month of June. There will be 4 written question papers of 100 marks each and consisting of Part A & Part B as per prescribed syllabus. Each written paper will be held on separate working day. After completion of written examination, the practical examination will be done.

Examination Schedule:

(A) Theory Examination: (Four Theory Papers)

Paper 1 (Part A&B): Basic Principles of Ayurveda in relation to Panchakarma practices

Paper 2 (Part A&B): Poorvakarma (Pachana, Deepana, Snehana, Swedana, External treatment)

Paper 3 (Part A&B): Pradhanakarma (Vamana, Virechana, Basti, Nasya, Raktamokshana)

Paper 4 (Part A&B): Pashchatkarma (Samsarjana Krama, Ahara & Aushadha Kalpana)

(B) Practical Examination: (It will comprise of Four practical)

Four practical viz. Two major practical, one minor practical and one Ahara & Aushadha Kalpana practical

Attendance:

75% of the attendance both in theory and practical is essential to allow the student for the examination.

Result:

Minimum 50% of marks should be obtained separately in theory and practical to declare the candidate has completed his/her training successful. The Result will be declared on Sansthan's website by 30th June and will also be displayed at Notice Board of the Sansthan. If any candidate fails to pass the examination, he may apply for re-examination on submission of fresh examination form along with examination fee which will be conducted after three months i.e. in September. Meanwhile, he may attend theory and practical

classes, with the permission of the Coordinator, to revise his knowledge without paying any extra fee.

Award of Certificate:

On successful completion of both Theory and Practical examination, trainee will be awarded a Panchakarma Technician Certificate by CBPACS.

Outcome of Training:

The course is specially aimed for the assistance to the Ayurvedic physicians in Panchakarma procedures. It is very helpful for getting the job at various Ayurvedic Institutes/ Hospitals in all over India/abroad for the Post of Panchakarma Technician. However, after completion of the training and award of certificate, the Sansthan shall not be responsible to provide/ensure any kind of paid or honorary, part-or-full-time employment.

Disputes:

All disputes pertaining to this training programme shall fall within the jurisdiction of Hon'ble Courts of New Delhi only.