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Chaudhary Brahm Prakash Ayurved Charak Sansthan (CBPACS)

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NEWSLETTER

First International Day of Yoga



Team CBPACS Celebrating
1st International Yoga Day on 21 June 2015.

It was a pleasant morning of June 21, First International Day of Yoga & the Sansthan had waves of celebrations with true spirit & harmony. About three hundred personnel performed Yoga in the campus including Director-Principal, Prof (Dr.) H.M. Chandola, Additional Director, Prof.(Dr.)Tanuja Nesari, faculty, doctors, admin staff, patients & students at a Mass Yoga session guided by Yoga teachers Mr.Kamlesh Mishra and Mr. Lokesh as

per the protocol .The program was coordinated by Dr. Rakesh Verma, Associate Professor, dept. of Swasthavritta. Saplings of medicinal plants were distributed to all the participants by Dravyaguna department. Remember the declaration of this day came after the call by Honorable Prime Minister of India, Sri Narendra Modi during his address to UN General Assembly on Sep. 27, 2014.

Visit of Health Minister

Hon'ble Health Minister of Delhi Shri Satyender Jain visited Ch. Brahm Prakash Ayurved Charak Sansthan, Khera Dabar on June 16, 2015 and inspected hospital functioning and laboratories.



Shri Satyender Jain

Hon'ble Minister interacted with O.P.D. and I.P.D. patients and inquired about availability of medicines, admission and treatment facilities, computerization of hospital record etc. Parliamentary Secretary-Health, Shri Rajesh Rishi and MLA Shri Gulab Singh accompanied the Hon'ble Minister.

The Scintillating AAGHAZ 2015



A Classical Dance Performance in AAGHAZ 2015

The Sansthan organized its debutant three day Annual sports and cultural meet called 'Aaghaaz' which literally means 'The beginning' during May 6-8, 2015. The festival provided teachers and students to work together to showcase best of the talents of the institute in various sports and cultural activities. The sports

competitions were held on May 6 followed by literary & cultural events on May 8 & 9, 2015. The event culminated on May 8, 2015 with announcement of most sought after title Miss & Mr. CBPACS conferred to Mr Ashish Bansal (2011 Batch) & Miss Nidhi Dixit (2011 Batch). Dr S.K. Jain, Medical Superintendent of Rao Tula Ram

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Plant More- Save Environment

World Environment Day was celebrated with full spirit & zeal by faculty, doctors, staff & students in the Sansthan on June 5, 2015. 'World Environment Day' (WED) is the United Nations' Principal vehicle for encouraging worldwide awareness & action for the environment. In this concern, dept. of Dravyaguna organized plantation drive in the Herbal Garden with commitment to harness a lush green campus with emphasis on planting medicinal plants. Director Principal, *Prof. (Dr.) H.M. Chandola*, Add. Director (Academic) *Dr. Tanuja Nesari*, Add Director (Admin.) *Mr. Himanshu Gupta* also participated actively in the drive. *Dr. Nesari* in her address told that there is a plan to cultivate more than 3000 medicinal plants this year in the campus.

Tribute to Chaudhary Brahm Prakash



CBPACS remembers Ch. Brahm Prakash , the first Chief Minister of Delhi

The birth anniversary of Late *Chaudhary Brahm Prakash* (1918-1993), was celebrated on June 16, 2015 in the Sansthan by staff members, students, villagers & patients. His son *Shri Suresh Chaudhary* graced the occasion as chief guest. Director Principal was honored by the villagers. Social worker *Shri Ramdatt* who has long association with Late *Ch. Brahm Prakash* attended the function with many other villagers who paid tribute to the great freedom fighter & social leader.

Remember, *Chaudhary Brahm Prakash* played an important role in Satyagraha Movement launched by *Mahatma Gandhi* and was elected as the First Chief Minister of Delhi. This institute, a dream project of Delhi Govt., is dedicated to his name.

Delegation from Korea



A delegation from Korea at CBPACS

A three member team viz *Mr. Miwan Park*, *Ms. Kang*, *Mr. Yo* from JTBC, Seoul, Korea visited the Sansthan on June 16, 2015. to make a documentary on the Sansthan. They interacted with faculty & students and complimented the Sansthan as Center of Traditional Medicine with most advanced facilities.

World Health Day

As per the program of WHO, World Health Day was celebrated in the Sansthan on April 7, 2015. The program highlighted the challenges and opportunities associated with food safety under the slogan "From farm to plate, make food safe". On this occasion, a poster making competition on 'Food Safety' was organized by Dept. of Swasthvritta for students of CBPACS. *Mr. Madhav Batra* (3rd Prof.), *Mr. Mohit Saini* (3rd Year) and *Ms. Kritika Singh* (2nd Year) secured 1st, 2nd & 3rd positions respectively.

Addition to the family of faculty

Dr. Pallavi Singh has joined the Sansthan as Assistant Professor, Rasa Shastra w.e.f June 29, 2015. She has graduated from State Ayurvedic College, Varanasi & did her MD (Ay.) from Rishikul State Ayurvedic College Haridwar, Uttarakhand.

World Thalassemia Day

On the occasion of World Thalassemia Day, a new D-10 Analyser capable of analyzing glycated Hb (HbA1C) & Total Thalassemia Profile was inaugurated by Director-Principal, *Prof. (Dr.) H.M. Chandola* in presence of *Dr. N R Singh*, Medical Superintendent and *Dr. G.S. Gupta*, I/c Pathology Lab.

Give Freely, Give Often - Blood Donation Matters



Dr. G.S. Gupta along with students of CBPACS in Central Park, CP, New Delhi during world Blood Donor Day Celebration



Glimpses of Blood Donor Day Celebration

Students of the Sansthan participated in celebration of World Blood Donor Day campaign on June 14, 2015 at 6 AM in Central Park, Connaught Place, New Delhi under the guidance of Director Principal, Prof. (Dr.) H. M Chandola & Med. Suptd. Dr. N. R. Singh. Dr. Mrinalini Darswal, Spl. Secretary, Health & Project Director Delhi State AIDS Control Society - graced the occasion.

The theme of this year's campaign was "Thank you for saving my life" with focus on thanking blood donors who save lives every day through blood donation & encouraging volunteers with slogan "Give freely, give often Blood donation matters". Around 82 students participated in the group campaign coordinated by Dr. G.S. Gupta, I/c Pathology Lab assisted by Ms. Shilpa, a student of BAMS IIIrd Prof.

CME

A CME was organized by 'Maharishi Ayurveda' on the topic "Role of Maharishi Amrit Kalash on free radicals & enhancing immunity" in the Sansthan on June 17, 2015. Dr. Saurabh Sharma, Med Suptd., Maharishi Ayurveda Hospital, Shalimar Bagh and Dr. Rajat Sharma delivered informative lectures on the occasion.

Sansthan at India-Africa Health Forum



From Left to Right Dr. Gaytri Juneja, Prof(Dr.) Tanuja Nesari, Dr. Santhosh SR Nair, Prof(Dr.) HM Chandola, Dr. Kamleshwar Kalia, Prof(Dr.) N.R. Singh at India-Africa Health Forum.

India-Africa Health Forum at Global Exhibition on Services was organized by the Department of Commerce, Ministry of Commerce & Industry, Govt. of India with collaboration of Confederation of Indian Industry (CII) during April 23-24, 2015 at Pragati Maidan, New Delhi. One of the scientific sessions on "Alternative Medical Practices of India: Potential for Collaboration with Africa" was organized, with supported efforts of Director-Principal, Prof. (Dr.) H. M. Chandola & his team. Prof. (Dr.) Tanuja Nesari, Additional Director (Acad.), delivered key note lecture on "Holistic approach in integrated Health management and tremendous potential of AYUSH system in African traditional market." The session was chaired by Dr. Gaytri Juneja, Associate Professor, Kriya Sharir. Prof. (Dr.) N. R. Singh, I/c Medical Superintendent, Prof. (Dr.) S. P Malik, HOD, Rachana Sharir, Dr. Santhosh S.R. Nair, HOD, Sanskrit, Samhita, Siddhant and Dr. Kamleshwar Kalia, HOD, Agadtantra from CBPACS also participated in the same.

Other prominent speakers were Dr. JLN Sastry, Head-Healthcare Research, Dabur Research & Development Centre (DRDC) and Mr. Mohsin Dehlvi, CEO, Dehlvi Naturals.

Joint Assessment Committee visits Sansthan

A Joint Assessment Committee from Guru Gobind Singh Indraprastha University led by Ms. Janak Juneja, IAS (Retd.) along with Prof. S. Sharma and Mr. Pushpender, Assistant Registrar, GGSIPU visited to assess infrastructure & functioning of Hospital and teaching departments of Sansthan on April 28, 2015. They were markedly impressed by the progress made by the Sansthan since inception.

A Delegation from Apollo Hospitals at Sansthan



Padma Shri Prof. Ranjit Roy Chaudhary, being felicitated by Director-Principal

Former Advisor to Health Minister, Govt. of India, Padma Shri Prof. Ranjit Roy Chaudhary, Chairman-Task force for Research, Apollo Hospitals Educational and Research foundation & Dr. Sita Naik, Advisor - Task force for Research Apollo Hospitals Educational and Research foundation visited CBPACS on June 12, 2015. They expressed happiness to see the vibrant, active working atmosphere of the Institute and Hospital. They congratulated Director - Principal, Prof (Dr.) H.M. Chandola and team of CBPACS to take the institute at international stature.

Spotlight on Achievements

1. Prof.(Dr.) Tanuja Nesari, Additional Director (Academics)

- a) Was invited as an expert for a talk on National Television in a program 'Ayushman Bharat' on April 16, 2015.
- b) Attended a Conference as an expert in Dravyaguna for 'Encyclopedia on Anukta Dravya' by Rashtriya Ayurved Vidyapeeth at New Delhi on April 30, 2015.
- c) Participated as a subject expert in the terminology evolution meeting for the preparation of "Fundamental Dictionary of Ayurveda", convened by Commission for Scientific & Technical Terminology, MHRD, at New Delhi during May 12-13, 2015.

2. Dr. Santhosh .S.R. Nair, Associate Professor, Samhita-Siddhant

- a) Delivered a lecture "Indian Philosophy and Sushruta Samhita" during National Workshop on Sushruta Samhita organized jointly by Pt. Shiv Shaktilal Sharma Ayurveda College, Ratlam (M.P) and All India Association of Faculty of Ayurveda Samhita Siddhanta (AIAFASS) at Ratlam held during May 2-3, 2015.

b) He also Chaired a Scientific session of the same workshop.

c) Participated as a member of working group in the 3rd meeting for finalization of "Prakriti Assessment Questionnaire" convened by CCRAS at New Delhi during May 11-12, 2015.

d) Participated as a subject expert in the terminology evolution meeting for the preparation of "Fundamental Dictionary of Ayurveda", convened by Commission for Scientific & Technical Terminology, MHRD, at New Delhi during May 11-15, 2015.

3. Dr. Gaytri Juneja, Associate Professor, Kriya Sharir, delivered Guest lecture on the topic "Dosha, Dhatu, Mala Vigyaneeya" on April 1, 2015 at DMC Centre, Indian Red Cross Society NHQ, New Delhi on invitation by AYUSH, Government of India.

4. Dr. Umesh Sapra, Assistant Professor, Rog Nidan,

- a) Delivered Guest lecture on the topic "Disease process and the role of diet and other factors in the

development of the disease" on June 25, 2015 at DMC Centre, Indian Red cross society NHQ, New Delhi on invitation by AYUSH, Government of India.

b) Attended workshop on Nadi Pariksha (Pulse diagnosis) organized by NASYA, Delhi on May 31, 2015.

c) Attended Specialty Ayurveda Medical Camp for Neurom-vascular and Joint disorders as specialist on June 14, 2015 at Sec. 31, Noida.

5. Dr. Mahesh, Assistant Professor, Shalya Tantra

a) Presented a paper on topic "Effect of Jalaukavacharana (Leech Therapy) in treatment of Varicose vein : own experience" in a National Conference on Advances in Shalya Tantra during April 24-25, 2015 at Department of Shalya Tantra, Faculty of Ayurveda, I M S , B H U , Varanasi.

b) He, being member of organizing committee also coordinated a scientific session in the same conference.

6. *Dr. Kamleshwar Kalia*, HOD, Agadtantra participated in a National Workshop on Medico-legal issues during June 12-13, 2015 at India International Centre, Lodhi road, organized by Advanced Management Institute. Eminent speakers, Experts and lawyers of Supreme

Court of India shared their views on various issues.

7. *Dr. Rakesh Kumar Verma*, Associate Professor, Swasthavrita, CBPACS attended the Board of studies meeting during April 27-28, 2015 at Banaras Hindu University, Varanasi as a member (Yoga and Naturopathy).

8. *Dr. G.S. Gupta* I/c Pathology, CBPACS & *Mr. Prakash Kr. Jha* Lab Assistant Pathology Lab, CBPACS attended "5th Hema-globin Update Meet" organized by Bio-Rad Laboratories on April 18, 2015 at 'Hotel The Grand', Vasant Kunj, New Delhi.

Publications

1. *Sharma H, Chandola HM*. 'Ayurveda and diet'. In: Albala K, ed. The SAGE Encyclopedia of Food Issues, Volume 1. Los Angeles: SAGE Publications, 2015:86-92.
2. *Singhal P, Nesari T, Gupta GS*. 'Efficacy of herbomineral compounds and pathya (Ayurvedic dietary regime and physical exercise) in the management of Yakrt Roga (Non-alcoholic fatty liver disease)'. *Ancient Sci Life* 2015; 34:216-22.

Visitor's Quotes

"It is good to know Traditional Medication in most advanced facilities. We proudly want to show this hospital & college to Koreans. We had wonderful experience as we can find every facility under one roof Good Luck to all Thanks & regards".

Mr. Miwan Park, Mr. Yo, Ms. Kang Members of Korean Delegation

"It has been a very great learning experience for me. I congratulate the Director and his staff for setting up such a good centre of excellence in Ayurveda. I am proud to see what has been achieved in such a short time. This institute has a great future and undoubtedly become an international centre in a few years. Congratulations & Good Luck".

Prof. Ranjit Roy Chaudhary

National Professor of Pharmacology

Former Advisor to Health Minister, Govt. of India

"A wonderful & eye opening experience. I am impressed to see the vibrant, active & exciting center of Ayurveda with a dedicated faculty & well kept campus. I would congratulate *Dr. Chandola* & his great team & wish them a wonderful future".

Dr. Sita Naik

Advisor - Task force for Research

Apollo Hospitals Educational and Research foundation

MEDICAL CAMPS (अस्पताल आपके द्वार)

To cater medical facilities to the ailing patients at their doorsteps, Sansthan organized medical camps in the series of 'अस्पताल आपके द्वार' as under-

S.No.	Date	Venue	No. of Patients attended
1	April 5, 2015	Nangloi Road, Najafgarh, New Delhi	231
2	June 14, 2015	Naharpur Village, Rohini, Sec 7, New Delhi	213
3	June 20, 2015	Ujwa Village, New Delhi	81

Educational Tour



Educational tour of 2nd Prof. Students.

Environment & Development, Kullu, Rajiv Gandhi Govt. PG Ayurvedic College, Paprola and Herbal garden, Museum and Pharmacy at Joginder Nagar.

The Departments of Dravyaguna and Rasashastra of CBPACS organized an educational tour for 2nd year BAMS (2013-14 batch) to Himachal Pradesh during May 12-19, 2015. *Dr. Subash Sahu*, Associate Prof. Dravyaguna, *Dr. Monika Sharma*, Assistant Prof. Dravyaguna, Prof.(Dr.) *T.N. Nagraja*, HOD Rasashastra & *Dr. Sumer Singh*, Associate Prof. Rasashastra, guided the students during tour. *Dr. Tanuja Nesari*, Addl. Director (Academics) also joined them in the mid. The team visited *Shri Dhanwantari* Herbals at Baddi, Flora of Shimla, Nature Park Manali, G.B Pant Institute of Himalayan



Glimpses of AAGHAZ 2015

Memorial Hospital, Jaffarpur, presided over as the Chief Guest & distributed prizes, certificates & trophies to all the winners and runner ups. The end of the day was marked by a jam session organized by music band 'KARTAVYA' who rocked the stage & made everyone dance to their melodious tunes.

Monthly Seminar

Following faculty members presented informative papers in the monthly seminar followed by interactive discussions as under.

S.No.	Speaker	Designation	Topic	Date
1	Dr. Sumer Singh	Associate Prof. Dept. of Rasashastra	Satvapatana process of Swarn Makshika	April 09, 2015
2	Dr. Aditya Nath Tiwari	Associate Professor Dept. of Rog Vigyana evam Vikriti Vigyana	Kumbhakarnee Nidra	May 19, 2015
3	Mr. Arun Kumar	Assistant Professor Dept. of Sanskrit, Samhita Siddhant	Samhita Adhyayan hetu Aavashyak Tatwa	June 04, 2015

Progress of the Hospital

Month	Number of Patients in OPD	Average OPD	Number of Patients per day	Bed Occupancy rate Days in IPD
April 2015	24935	1084	4980	79.04%
May 2015	26293	1051	5069	77.86%
June 2015	28196	1084	6275	99.60%

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