

ISO 9001: 2015 Certified
CH. BRAHM PRAKASH AYURVED CHARAK SANSTHAN
(AN AUTONOMOUS INSTITUTION UNDER GOVERNMENT OF NCT DELHI)
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F2(574)/2022-23/CBPACS/Princ./Academic Audit 22-23/ 6107

Date: 13/12/2023

Undertaking

It is certified that the following faculties have completed their PhD.

SN	Name	Designation	Department
1	Prof.(Dr.) M.B. Gaur	Director-Princial /HOD/Professor	(Kriya sharir)
2	Prof.(Dr.) Arun Gupta	HOD/Professor	(Panchkarma)
3	Prof.(Dr.) N.R. Singh	HOD/ Professor	(Kayachikitsa)
4	Dr. Santhosh S.R. Nair	HOD/Associate Professor/Reader	(Samhita Sanskrit & Siddhant)
5	Dr. Sumer Singh	Medical Superintendent /HOD/ Associate Professor/ Reader	(Rasa Shastra & Bhesaja Kalpana)
6	Dr. Yogesh Kr. Pandey	Associate Professor/Reader	(Kayachikitsa)
7	Dr. Mukesh Kr. Sharma	Associate Professor/Reader	(Rachna Sharir)
8	Dr. Vaishali P. Mali	Assistant Professor/Lecturer	(Samhita Sanskrit & Siddhant)
9	Dr. Arun Kumar	Assistant Professor/Lecturer	(Samhita Sanskrit & Siddhant)
10	Dr. Pooja	Assistant Professor/Lecturer	(Rachna Sharir)
11	Dr. Amrish Chanana	Assistant Professor/Lecturer	(Rachna Sharir)
12	Dr. Atul Bhardwaj	Assistant Professor/Lecturer	(Shalakya Tantra)
13	Dr. Jitendra Kumar Nathbhai Varsakiya	Assistant Professor/Lecturer	(Kayachikitsa)
14	Dr. Smita Arora	Assistant Professor/Lecturer	(Kriya Sharir)

Prof. (Dr.) M.B. Gaur
Director-Principal

PROFORMA FOR THE ANNUAL REPORT
(01-04-2022 to 31-03-2023)

PROFORMA - I

UNIVERSITY SCHOOL OF STUDIES/CENTERS

1. Details of the Programme(s) offered by the School:-

S. No.	Name of the Programme	Duration	Sanctioned Intake	Total Strength (Semester wise)
1	B.A.M.S	5 th Year (Including 01 year rotatory internship)	125 seats (Including EWS)	BAMS batch 2018-19 = 96 BAMS batch 2019-20 = 89 BAMS batch 2020-21 = 114 BAMS batch 2021-22 = 121 BAMS batch 2022-23 = 107 Total = 527
2	M.D. (Ayu.)	03 Year	51 seats (Including EWS)	MD(Ayu.) batch 2018-19 = 30 MD(Ayu.) batch 2019-20 = 29 MD(Ayu.) batch 2020-21 = 35 MD(Ayu.) batch 2021-22 = 36 MD(Ayu.) batch 2022-23 = 51 Total = 181

2. Programme(s) commenced during 2022-2023:-

S. No.	Name of the Programme	Duration	Sanctioned Intake	Total Strength (Semester wise)
1	MD (Ayu.) Dravyaguna	3 years	7	7
2	MD (Ayu.) Swasthavritta	3 years	8	8

3. Details about New facilities in the School/Center/Department regarding Laboratories/Seminar hall:

S. No	Facility	Details of the Facility

4. Publications by the faculty members:-

- a) Articles in research journal
Author(s) Name, Year, Title of the paper, Journal, volume, page no
(please provide in APA format only)

1. Name of Faculty- Prof. (Dr.) Vidula Gujjarwar:-

Gujjarwar V., Roushan R, Mishra S.S, May 2022, Prevalence of COVID-19 based on various Prakriti, The Human Constitution Types Of Indian Traditional Medicine: A Cross Sectional Study, International Education & Research Journal (IERJ), Volume 8, Issue 5, 51-53

Vidula

(Signature)
Director, U.S.S
Dr. Brijm Prakash Agarwal, Chairperson
Govt. of NCT of Delhi
Kirti Center, New Delhi-110073

13/12/22

2. **Dr. Shalini Prakash:-**
Keshi M., Prakash S. A Review on the Relationship between Nidra quality and Mental Health: A Physiological Aspect. Int. J. Ayurveda Pharma. 13 (6), 2022: 104-110

3. **Amrisha Chanana:-**
Amrisha Chanana & Dattu Bandapalle, 2022, Determining the hand index and hand shape in the population of Delhi: A cross-sectional study, Bulletin of Environment, Pharmacology and Life Sciences, volume 11 (11) page no 199-203.

4. **Dr. Anup Jain:-**

S. No	Title of Article	Published Journal	Year	Volume	Page. No.	Author
1.	Evaluation of the effect of Mahanarayan tail Nasya and Mahamasha Tail Nasya in the management of Viswachi (Cervical spondylosis with Radiculopathy).	IJRAP	Sep-2022	Vol-13, Issue 6	28-31	Dr. Anup Jain Dr. Aarti
2.	Role of Panchakarma treatment in Avabahuka- A critical review.	JAIME	Nov-2022	Vol.-7, Issue 10	198-203	Dr. Anup Jain Dr. Chinky Dr. Aarti Dr. Neha Yadav

5. **Prof. (Dr.) M. B. Gaur:-**

- Author's name- Dr. Manisha and Dr. (prof.) M.B.Gaur, Year- 2022, Title of paper - APPROACH FOR PREVENTIVE HEALTH MEASURES IN ILLNESS, Journal- WORLD JOURNAL OF PHARMACEUTICALS RESEARCH, Volume - 11, Page No. - 336-342
- Author's name- Dr. Shalini and Dr. (prof.) M.B.Gaur, Year-2023, Title of paper - AN AYURVEDIC VISION ON THE PREVENTIVE AND CURATIVE ATTRIBUTES OF BATH, Journal- WORLD JOURNAL OF PHARMACEUTICALS RESEARCH, Volume - 12, Page No. - 812-821

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6. Dr. Rakesh Roushan

- Research paper published in International Education and Research Journal, E-ISSN: 2454-9916, on "Prevalence Of Covid-19 Based On Various Prakriti, The Human Constitution Types Of Indian Traditional Medicine: A Cross Sectional Study" Volume 8, Issue 5 - 2022, Pg. No. 51-53 May. 2022. Reference. Dr Vidula Guggurwar, Dr Rakesh Roushan, & Dr Shanker Sharan Mishra. (2022). PREVALENCE OF COVID-19 BASED ON VARIOUS PRAKRITI, THE HUMAN CONSTITUTION TYPES OF INDIAN TRADITIONAL MEDICINE: A CROSS SECTIONAL STUDY. International Education and Research Journal (IERJ), 8(5).
- A case report published in Journal of Ayurveda, ISSN - Print: 2321-0435, Online: 2582-7693, on "Ayurvedic Management of Renal Cyst - A Case Study" Volume 16, Issue 3 - 2022, Pg. No. 263-266 July-September 2022. Reference. Singhal R, Barla MA, Roushan R. Ayurvedic management of renal cyst - A case study. J Ayurveda 2022;16:263-6.
- Review paper published in INDIAN JOURNAL OF AYURVEDA & INTEGRATIVE MEDICINE KLEU, ISSN - Print: 2772-6010, Online: 2772-6029, on "Alochaka Pitta of Ayurved and its affiliates in modern perspective" Vol 3 (1), January-June 2022, Pg. No. 5-11. Reference. Moharana P, Roushan R. Alochaka pitta of ayurved and its affiliates in modern perspective. Indian J Ayurveda Integr Med 2022;3:5-11.
- A review paper published in the International Journal of Research in Ayurveda and Pharmacy, ISSN (online) 2229-3566, (Print) 2277-4343, on "A REVIEW ON SARA PARIKSHA OF AYURVEDA: AN IMPORTANT DETERMINANT TOOL FOR FUTURE PERSPECTIVE" Volume 13, Issue 6, Nov - Dec 2022. Reference. Rakesh Roushan, Dixu Sharma, Sahil Sain, Kumar Anand, Manjry Anshumala Barla. A review on Sara Pariksha of Ayurveda: An important determinant tool for future perspective. Int. J. Res. Ayurveda Pharm. 2022;13(6):82-86 <http://dx.doi.org/10.7897/2277-4343.1306161>
- A Research paper published in Epidemiology International, E-ISSN: 2455-7048, on "Association of Self Perception of Pre-Mature Ageing and Human Constitution (Prakriti) - A Cross-Sectional Study" Volume 7, Issue 4 - 2022, Pg. No. 5-11 Dec. 2022. Reference. Rawat N, Ritesh, Roushan R, MA Barla Association of Self Perception Of Pre-Mature Ageing And Human Constitution (Prakriti) - A Cross-Sectional Study. Epidem Int. 2022; 7(4): 5-11
- Research paper published in an International journal "Journal of Advanced Scientific Research A Peer-Reviewed Journal", ISSN 0976-9595, on "EVALUATION OF CARDIOVASCULAR AUTONOMIC FUNCTION TESTS IN OBESE AND NON-OBESE HEALTHY INDIANS." Volume 14, Issue 3, March 2023. Reference. Singhal, Ritesh & Roushan, Rakesh. (2023). EVALUATION OF CARDIOVASCULAR AUTONOMIC FUNCTION TESTS IN OBESE AND NON-OBESE HEALTHY INDIANS. 10.55218/JASR.2023140308.
- A Study Protocol Published in Bulletin of Environment, Pharmacology and Life Sciences, ISSN (online) 2277-1808, on "Correlation between Prakriti and Field of Vision through Lister Perimetry- A Cross Sectional Study" Vol 11 [9] August 2022 : 211-216. Reference. M R Suthar and R Roushan. A Study Protocol For "Correlation between Prakriti and Field of Vision through Lister Perimetry- A Cross Sectional Study. Bull. Env. Pharmacol. Life Sci., Vol 11[10] August 2022: 211-216

Vijay Singh

27/6/23

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7. Dr. Pankaj Katara

- Katara pankaj kumar , Sawarkar Punam (2022) Evaluation Of The Efficacy Of Snehapana (Oral Route) And Matra Basti (Rectal Route) With KsheeraBalaTaila In The Management Of Janu Sandhi Vata (Osteoarthritis Of Knee) A Randomized Clinical Trial International Journal of Early Childhood Special Education (INT-JECS) ISSN: 1308-5581 Vol 14, Issue 03 2022 .
- Dr. Pankaj Kumar Katara , Dr. Punam Sawarkar. (2022). Systematic Review Of Management Of Janu Sandhigata Vata (Knee Osteo Arthritis) Through Ayurveda. Journal of Pharmaceutical Negative Results, 4396-4404. Retrieved from <https://www.psrjournal.com/index.php/home/article/view/9986>
- Dr Kusum Thapa Dr Pankaj Kumar Katara , Dr Arun Gupta. (2022). Role Of Ayurvedic Medicine And Panchakarma In Hypothyroidism: Narrative Literature Review. Journal of Pharmaceutical Negative Results, 7893-7896. Retrieved from <https://www.psrjournal.com/index.php/home/article/view/9755>.

8. Dr. Pooja Sabharwal

- ❖ Exploring the Scientific Potential of Marma Therapy as a Nonpharmacological Intervention in Pain Management Jagjeet Singh, Pooja Sabharwal 2022 AYUHOM | Published by Wolters Kluwer - Medknow
- ❖ A Scientific Exploration of Psychological Development of Fetal Origin in Purview of Ayurveda Neha Diwedi, Pooja Sabharwal, Rima Dada1, Bharat Bhoyar2 2022 AYUHOM | Published by Wolters Kluwer - Medknow

Pooja Sabharwal Geetanjali Himani Kanu Ishant	JAN'23	Sensitisation and awareness for ayurveda among school student: A review	Published in International journal of research in Ayurveda and pharmacy	14(1)
Pooja Sabharwal	Feb' 23	Marching towards Amritkaal @G20with Ayurveda-The Soft Power	Published in ICMR commentary	4(1)

- ❖ Changing The Phenotypes- Epigenetics in Ayurveda; Journal of Ayurveda volume April 2023
- ❖ Healthy progeny and epigenetic programming an Ayurvedic Perspective Geetanjali, Pooja Sabharwal published in Journal of integrated health sciences volume 10 issue 2 July-December 2022
- 9. Dr. S. S. Mishra
Dr Rakesh Roushan, Dr Shanker Sharan Mishra, May 2022
PREVALENCE OF COVID-19 BASED ON VARIOUS PRAKRITI, THE HUMAN CONSTITUTION TYPES OF INDIA/ TRADITIONAL MEDICINE: A CROSS SECTIONAL STUDY, International Education & Research Journal, Volume 8, Issue 5, page 51-53

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Dr. Atal Bihari Trivedi, Dr. Jyoti Kumara, Vaibhavi R Bhevar	2022	A COMPARATIVE STUDY TO EVALUATE THE ROLE OF BODHI VRIKSHA KASHAYA AND GUDUCHI KASHAYA IN VATARAKTA - HYPERURICEMIA	WJPR	Volume 11, Issue 05	996- 1005
Dr. Atal Bihari Trivedi, Dr. Jyoti Kumara, Vaibhavi R Bhevar	2022	THE SYSTEMATIC REVIEW ON EKAKUSHTHA W.R.T PSORIASIS AND ITS MANAGEMENT : A REVIEW ARTICLE	IJARESM	Volume 10, Issue 06	1031- 1038

13. Dr. Mahesh Kumar

Author name	year	Title of paper	Journal, volume page
Mahesh Kumar, Reena Jaiswal, Hemanta Panigrahi.	2022	Role of Agnikarma in Management of Avabahuka: A Case Report.	UA-CARE (International journal of AYUSH case Reports). 6(4):364-370.
Mahesh Kumar	April June 2022	Post Herpetic Neuralgia treatment by wet cupping: A case report	UA-CARE (International journal of AYUSH case Reports). 6(2):187- 192.
Mahesh Kumar	29-30 April 2022	Sushruta views of Naadiyantra (Endoscope) in Ayurveda	In souvenir of Shalyacon Haridwar Uttarakhand 2022, An International conference and live workshop on Sushruta's Surgical Principles in current scenario. Page number 99- 103
Mahesh Kumar	15/09/202 2022	Bio medical waste management at Ayurveda hospital: Needs proper implementation and compliance Letter to editor	AYUJOM Journal of NEIAH Shilong. Published by Wolters Kluwer - Medknow, Manuscript Number AYUJOM_1_22 1-January- June 2022.
Kumar Mahesh Kumar, M., R.K, S., & Reena, J.	November 2022	Agnikarma Intervention for Avabahuka (Frozen Shoulder): A Systematic Review	ULSPR, International Journal of Life science and Pharma Research. Volume 12 Issue 6, November 2022.

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Dr. Yogesh Kumar Pandey

- Dr. Drishya Dinesh, Dr. Yogesh Kumar Pandey, 2023, Clinical Study To Evaluate The Effectiveness of Guda Ardra Ka Kalpa on Improving the SGRQ Score in Pranavaha srotodushti w.s.r COPD , International Journal of Research & Analytical Reviews, Vol 10, Issue 1, 468-85
- Sushma Upadhyaya, Yogesh Kumar Pandey, 2022, A systemic Review on Ayurvedic Drugs wr to Mutravaha Srotodushti , Journal of Vishwa Ayurved Parishad, Vol.18. Issue 11-12, Pg 03-11
- Yogesh Kumar Pandey, Neha Kaushik, 2022, Ayurvedic Management of Lumbar Disc Disease, Ancient Science of Life, Vol38, Issue 1, Pg26-31
- Dr. Mansi Grewal, Dr. Yogesh Kumar Pandey, 2022, Ayurvedic Management of Psoriasisiform Illness (Kaphaj Uttanrakta): A Case study, International Journal of Advanced Research & Publication, Vol 5, Issue 10, pg. 28-32
- Dr. Sushma Upadhyaya ,Dr. Yogesh Kumar Pandey, 2022, Overview on Urinary Disorders wr to Mootravaha Srotodushti: A literary review, International Journal of Novel Research & Development Vol 7, Issue 11, pg. Pg a 15-25
- Sonam Chauhan, Yogesh Kumar Pandey, 2022, Review of Prevalent Diet Plan for Management of lifestyle Disorders, International Journal of Novel Research & Development Vol 7, Issue 11, pg a507-515
- Dr. Swati Sandwal, Dr. Yogesh Kumar Pandey, 2022, Review of Top Selling Ayurvedic Formulations Used in Dyslipedemia, International Journal of Novel Research & Development Vol 7, Issue 11, Pg. a904-912
- Pariksha Sharma, Dr. Yogesh Kumar Pandey, 2023, Effect of Shwas Kuthar Ras in Management of Tamak Shwas: A Drug Review, World Journal of Pharmacy & Pharmaceutical Sciences, Vol.10, Issue 5, Pg 792-801
- Pariksha Sharma, Yogesh Kumar Pandey, 2022, A Comparative Study to evaluate effectiveness of Abhya- Naagar Churna & Vasaavleha in Management of Bronchial Asthma : A Protocol, International Journal of Ayu. Pharm. Chem. Volume 12, Issue 2 pg. 91-102
- Pariksha Sharma, Yogesh Kumar Pandey, Akshay Kumar, 2023, Pharmacological Action & Properties of shwaashar Mahakashaya in Shwaas Rog: A Review, International Research Journal of Ayurveda & Yoga, Vol 6 Issue 4 pg 90-98

15. Dr. Jitesh Verma

Publications

Articles in Research Journal

- i. "A Literary review on Buddhi(IQ) and Smriti(Memory)-An Ayurveda approach" Rathil RB, Japang, I, Verma J, & Dwivedi, P. (2022). International Journal of Ayurvedic Medicine, 13(3) 2022, 667-672
- ii. "A Critical Review on the Scope of Management of Academic Stress in Adolescents with SattvavajayaChikitsa (Ayurved Psychotherapy)" Pandey V. B., Rathil R. B., Pandey S., & Verma J. (2023).. International Journal of Ayurvedic Medicine, 14(1), 50-56.
- iii. "Comparative Efficacy of Therapeutic Panchkarma Procedures in Children with Cerebral Palsy" Rathil R, Rathil B, VB P, Verma J, & Khedekar S. (2023) International Journal of Ayurvedic Medicine, 14(1), 173-179

Director, Central
A. Brain Project, New Delhi
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Khan, Delhi, New Delhi-110073

16. Dr. A. N. Tiwari

Publications by the faculty members:

- iv. Dr Meenu Kumar et. al, Understanding the Involvement of Rasavaha Srotodusha in COVID -19, World Journal of Pharma. Research Vol 2 Issue 9, 2022, 594-604, ISSN 2277-7105
- v. Diksha et al, An Ayurvedic literature review of clinical studies on formulation for treatment of of Asrigdara, Int. Jour. Res. Ayurveda Pharma. 13(2), 2022, 566, 55-59

b) Full papers in the conference proceedings

Author(s) Name, Year, Title of the paper In: Name of the conference proceeding, page no. (Please provide in APA format only)

1. Dr. Pooja Sabharwal

Sr. No.	Author(s) Name	Year	Title of the paper	Name of conference proceeding	Page no.
1.	Pooja Sabharwal Geetanjali	JAN'23	Need of the hour - inculcating physical activity or yoga for one hour in all courses according to ayurveda in restoring youth health for healthy progeny w.r.t G20 summit	Case study challenge competition titled "G20 & Opportunities for youth" case study selected for Presentation at GGSIP University	
2.	Pooja Sabharwal Himani Sagar	JAN'23	Non-Pharmacological interventions in lifestyle disorder can leads to global peace in purview of ayurveda	Case study challenge competition titled "G20 & Opportunities for youth" case study selected for Presentation at GGSIP University	
3.	Pooja Sabharwal Kam Sharma	JAN'23	Accountability of ayurveda in chronic lifestyle disorders through assiduous approach w.r.t G20	Case study challenge competition titled "G20 & Opportunities for youth" case study selected for Presentation at GGSIP University	
4.	Pooja Sabharwal Jasmeen Kaur	JAN'23	Endeavour integrative medicine for renaissance in ayurveda for prevention of disease w.r.t G20 Summit	Case study challenge competition titled "G20 & Opportunities for youth" case study selected for Presentation at GGSIP University	
5.	Pooja Sabharwal Ishant	JAN'23	Case study on G20 & Opportunity for Youth	Case study challenge competition titled "G20 & Opportunities for youth" case study selected for Presentation at GGSIP University	
6.	Pooja Sabharwal Geetika Sharma	JAN'23	Opportunities for youth amidst Modern day issues, Conflicts, crisis w.r.t G20	Case study challenge competition titled "G20 & Opportunities for youth" case study selected for Presentation at GGSIP University	

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7.	Pooja Sabharwal Geetanjali	DEC'22	Ayurvedic perspective of healthy progeny in purview of epigenetics- A scientific elucidation	9 th World Ayurveda congress & Arogya 8-11 Dec 2022, Panjim, Goa
8.	Pooja Sabharwal Himani	DEC'22	Epigenetic potential of shad chakra healing- A scientific elucidation	9 th World Ayurveda congress & Arogya 8-11 Dec 2022, Panjim, Goa
9.	Pooja Sabharwal Jasmeen Kaur	DEC'22	Ayurvedic perspective of concept of foetal origin of adult diseases in purview of epigenetics- A Scientific Elucidation	9 th World Ayurveda congress & Arogya 8-11 Dec 2022, Panjim, Goa
10.	Pooja Sabharwal Kanu Sharma	DEC'22	Ayurvedic embryology for enhancement of healthy progeny and public health-A Systematic Review	9 th Ayurveda congress & Arogya 8-11 Dec 2022, Panjim, Goa World
11.	Pooja Sabharwal Geetanjali	NOV'22	Ayurveda science of matter in purview of epigenetics	AYUSKAMIYAM 2022 National conference on exploring the recent trends in Ashtang ayurveda at SGT University
12.	Pooja Sabharwal Himani	NOV'22	Therapeutic potential of shadchakra healing as non-pharmacological intervention (Adhavyabhatikita)	AYUSKAMIYAM 2022 National conference on exploring the recent trends in Ashtang ayurveda at SGT University
13.	Pooja Sabharwal Jasmeen Kaur	NOV'22	Scientific Elucidation of Shadgarbha bhava (6 Procreative factors) in purview of epigenetics- A Systematic review	AYUSKAMIYAM 2022 National conference on exploring the recent trends in Ashtang ayurveda at SGT University
14.	Pooja Sabharwal Kanu Sharma	NOV'22	Ayurvedic perspective of transgenerational epigenetic inheritance- A scientific elucidation	AYUSKAMIYAM 2022 National conference on exploring the recent trends in Ashtang ayurveda at SGT University
15.	Pooja Sabharwal Geetanjali	JAN'23	The traditional approach to healthy progeny in purview of epigenetics	Communication and dissemination of traditional knowledge (CDTK-2023) 14-15 Feb
16.	Pooja Sabharwal Himani	JAN'23	Ayurvedic perspective of bioenergetic medicine to validate traditional approach to health and wellness	Communication and dissemination of traditional knowledge (CDTK-2023) 14-15 Feb
17.	Pooja Sabharwal Jasmeen Kaur	JAN'23	Scientific validation of traditional knowledge of ayurvedic embryology for public health- A review	Communication and dissemination of traditional knowledge (CDTK-2023) 14-15 Feb
18.	Pooja Sabharwal Kanu Sharma	JAN'23	The traditional approach to health and wellness in Upanishada- A scientific elucidation	Communication and dissemination of traditional knowledge (CDTK-2023) 14-15 Feb

V/103

8-11
Director Principal
Dr. Bhanu Prakash Ayurved Charak Sansthan
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13/12

2. Dr. Jitish Verma

Full paper in conference proceedings

Presented a paper entitled "A review on the use of various ghrita formulations in the treatment of pediatric diseases" in 'ANCHAGAVYA-2023, International Conference on 'Recent Advances in Panchagavya Research and Innovations', organized by Mahatma Gandhi Ayurved College Hospital & Research Centre, DMIHER (DU) Wardha during 11-12th March 2023.

c. Book chapters

Author(s) Name, Year, Title of the paper, Title of the book, Publisher, page no.
(Please provide in APA format only)

1. Dr. Anup Jain

Two (02) Chapters are published in the book "Compendium of Bio-Fire in Ayurveda" (Agni Vyapar) by AIASPGA, New Delhi.

S. No.	Ch. Name	Author Name	Section	Page. No	Year
1.	Concept of Agni and Ama.	Dr. Anup Jain Dr. Chinky	Section A- Basic Concepts	29-32	Feb 23
2.	Extra Gastrointestinal disease caused by Agni and Ama.	Dr. Anup Jain Dr. Prema Bahri	Section G- Extra GI Disorders.	263-266	Feb 23

2. Dr. Pooja Sabharwal

Sr. No.	Author(s) Name	Year	Title of the paper	Title of the book	Publisher	Page no.
1.	Pooja Sabharwal Priyanka Bhardwaj	Forthcoming August 2023	Regulation of gene expression by Flavonoids	Flavonoids as Nutraceuticals	Apple Academic Press	
2.	Pooja Sabharwal Geetanjali Himani Sagar	Submitted	Epigenetic potential of nutraceuticals in pulmonary and respiratory disorders in purview of ayurveda		Apple Academic Press	

3. Dr. Vaishali P. Mall

Mall Vaishali P., NewkarMadhusmita. (February 22, 2023). *Syndrome of Agni Vyapar*. (Book). Check Sanjita New Edition (1st ed. pp.258). ISBN: 978-93-90444-00-1. CINE 2023-01-09-129
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4. Dr. Ashok Kumar Madan Singh

Name of the faculty Dr. Ashok Kr. Madan Singh				
Author(s) Name	Year	Title of the book	Publisher	page no.
Dr. Ashok Kr. Madan Singh	2022	Role of Aam Kaheera in etiopathogenesis of Bronchial Asthma	Self Published	180

5. Seminars/ Workshops/ Conference/ Symposium attended by the Faculty:

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Dr. Pankaj Kataria	invited as a "Guest Speaker" in 05 day training Programme	15 th Feb. 2023	NIFTEM, Kundli, Sonapat, Haryana to deliver a lecture on "Concept of Ayurveda Ashwasa".

1. Dr. Atul Bhardwaj

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Dr. Atul Bhardwaj	Vigilance Officer one day Training programme at UTCS	14/11/2022	Directorate of Training Institutional Area Maharishi Valmiki Marg Date: Vishwas Nagar Extension Shahdara, New Delhi: 110032
2	Dr. Atul Bhardwaj	Training programme in public Procurement under GFR-2017 and GeM procurement	03.10.2022 to 04.10.2022	Directorate of Training Institutional Area Maharishi Valmiki Marg Date: Vishwas Nagar Extension Shahdara, New Delhi: 110032

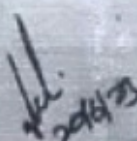
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Signature
4/20/23

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2. Dr. Jai Singh Yadav

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Dr. Jai Singh Yadav	VIJAYA SAMBHASHA on Frozen Shoulder treatment Module & role of Vijaya, organized by Hemp Street	4/10/22	Online webinar
2		VIJAYA SAMBHASHA on Role of Vijaya in Multiple ailments, organized by Hemp Street	7/10/22	Online webinar
3		VIJAYA SAMBHASHA on Legal Status and Therapeutic Use of Medical Cannabis(Vijaya), organized by Hemp Street	18/10/22	Online webinar
4		National workshop Cum Webinar on Validation of santarpaka Ahara Vihara for Assessment of BMI, Organized by PG Dept. of Kriya Sharir, Dr. S. R. RAU, Jodhpur, Raj.	01/3/23	Online webinar
5		National workshop Cum Webinar on Validation of the causative factor of Vikrut Vyan Vayuin in relation to Hypertension, Organized by PG Dept. of Kriya Sharir, Dr. S. R. RAU, Jodhpur, Raj.	01/3/23	Online webinar
6		Webinar on "Ahara evam Mahabheshjyam" organized by Deptt. Of Swasthavritta & Yoga , Faculty of IMS, SGT University, Gurugram, HR.	15/3/23	Online webinar


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3. Dr. Pankaj Kumar Katara

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1.	Dr Pankaj kumarkatara	Invited as a guest speaker in 5-day training program in association with National Institute of food technology entrepreneurship and management (NIFTEM) - /Rashtriya Ayurveda Vidyapeeth (national academy of 13rganisa) (an autonomous 13rganization under ministry of ayush, govt. of India)	15/02/2023. /15 th February 2023 deliver a lecture on "Concept of Ayurveda Aahara	NIFTEM, Kundli, Sonapat, Haryana 131028.

4. Dr. Pooja Sabharwal

S.No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1.	Pooja Sabharwal	Amrita Centre for advanced research in ayurveda	30 July 2022/ 2:30-3:30	Delhi
2.	Pooja Sabharwal	Coordinated the seminar on Swachhatapakhwada/ malaria week 2022	29 th April 2022/ 1:00-3:30	Delhi
3.	Pooja Sabharwal	Attended NABH a sensitization/ training programme	26 th August 2022/ 11:00-1:00	Delhi
4.	Pooja Sabharwal	Attended CME organized by AIMIL	17 th Oct 2022/ 1:30-4:00	Delhi
5.	Pooja Sabharwal	Attended World Leprosy day	30 th Jan 2023/ 2:00	Delhi
6.	Pooja Sabharwal	Attended CME on role of Lasik in Refractive Error Correction	7 th Jan 2023/ 1:00-3:00	Delhi

• Participated in CME program at CBPACS on 2.09.22 organized by ARYA VAIDYA SALA.

• Participated in CME program at CBPACS on 17.10.22 at CBPACS organized by AIMIL PHARMACEUTICALS.

- Participated as key note speaker at NORTH EASTERN INSTITUTE OF AYURVEDA & HOMEOPATHY, an autonomous institute under MOA, GOI from 12th APRIL TO 30th APRIL 2022.
- Participated as key note speaker on 21.10.22 at RARI, ITANAGAR
- Participated as key note speaker on 29.10.22 in the international conference on Romanian Ayurveda day celebration 2022, organized by Romanian Academy of Scientists.
- Participated as key note speaker on 15.11.22 in the international conference on India day celebration 2022, organized by Medical University of Graz & Embassy of India at Austria.
- Delivered talk as expert in doordarshanudu channel on 2.2.23 on world cancer day.
- Delivered talk on the topic Anger management on 26.11.2022 in live Sarsad TV program.

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6. Dr Sumer Singh

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Dr Sumer Singh	Ganga Ayur Con 2022 At Gurukul campus Uttarakhand Ayurved University, Haridwar	05-06 Sept. 2022	Haridwar, UK
2	Dr Sumer Singh	Resource Person in CME	12-17 sept. 2022	Govt Ayurved College & Hospital, Sampurnan ad Sanskrit Viswavidyala ya, Varanasi
3	Dr Sumer Singh	Deligate in CME	28Feb-03march-2023	Deptt of Pharmacology. MAMC new Delhi

7. Dr. Umesh kumar Sapra

Seminar attended

AyurVed Parv at Shri Baba Mastnath Ayurved College, Rohtak held from 23th to 25th December 2022 as resource person .

8. Dr. Vaishali Mali

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
	Dr. Vaishali Mali	9th World Ayurveda Congress & Arogya Expo.	4 days	GOA, MH.

9. Dr. Alok Kumar Asthana

S. No.	Name of faculty	Details of Workshop/ CME	Date/Duration	Place
1	Dr. Alok Kumar Asthana	CME for teachers on Kriya Sharir	24/02/2023	Varanasi

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10. Dr. Mahesh Kumar

S. No.	Name of Faculty	Details of Workshop/ Seminar	Date/Duration	Place
1	Dr Mahesh Kumar	3-days Training Program on Bio-statistics under the program Ayurveda Research Methodology and Statistics (ARMS)	20 th -22 nd February 2023	At CAJRI Punjabi Bagh New Delhi, organized by CCRAS-Central Ayurveda Research Institute New Delhi, Ministry of Ayush GOI. Coordinated by Bio-statistics and Data Monitoring Unit, CCRAS. Dr Mahesh Kumar- Delegate
2	Dr Mahesh Kumar	Training Programme- Sensitization Programme on " Ayurveda Ashara"	24 th January 2023 (11.30 PM - 3 PM)	Rashtriya Ayurveda Vidyapeeth (RAV) New Delhi at All India Ayurvedic Congress Punjabi Bagh (west) New Delhi - 110026
3	Dr Mahesh Kumar	Training on E-OFFICE	28 th June 2022 Tuesday 10 AM- 1.30PM	Directorate of Training: Union Territories Civil Services, Govt. of N.C.T. of Delhi Karkarduma New Delhi.
4	Dr Mahesh Kumar	National webinar on Reverse Pharmacology	22 nd August 2022.	organized by The Centre Of Excellence For Pre-Clinical Safety & Efficacy, Interdisciplinary Research & Therapy Evaluation DMIMS, Sawangi (M), Wardha
5	Dr Mahesh Kumar	National Webinar, "KRIYANVESHAN 2022" on Scope of Research on Fundamentals of Ayurveda	11/10/2022	Deptt of Kriya sharir, MGACH & RC Wardha Maharashtra.
6	Dr Mahesh Kumar	National E-Conference: Cancer care in Ayurveda - A hope to future medicine (on virtual mode)	27-04-2023. 9.00 Am - 4.00PM	Department of Shalya Tantra Mahatma Gandhi Ayurved College, Hospital and Research Centre Wardha, (Maharashtra)
7	Dr Mahesh Kumar	Annual ASICON-CME 2022 "CME ON THYROID DISORDERS" The theme of the conference- "Thyroid disorders: Current paradigm of treatment"	8 th May 2022 (Sunday) 7.30am to 5.30 pm	Under the Aegis of ASICON-CME foundation & Delhi state chapter of ASI (The Association of Surgeons of India) at Ram Manohar Lohia Hospital, New Delhi
8	Dr Mahesh Kumar	AAGHAAZ 2023 Annual Sports, Cultural, Literary events	(13 th -17 th February 2023)	Ch. Brahm Prakash Ayurved Charak Sanathan Khara Dabur Najafgarh New Delhi- 110073, at mini Auditorium

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Signature

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11. Dr. Pankaj Kumar Katara

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1.	Dr Pankaj Kumar Katara	Invited as a guest speaker in 5-day training program in association with National Institute of food technology entrepreneurship and management (NIFTEM) - /Rashtriya Ayurveda Vidyaapeeth (national academy of 16ganiza) (an autonomous 16ganization under ministry of ayush, govt. of India)	15/02/2023 /15 th February 2023 deliver a lecture on "Concept of Ayurveda Aahara	NIFTEM, Kundli, Sonapat, Haryana 131028,

12. Dr. Jitesh Verma

1) Seminars/ workshops/Conference

- Successfully completed one-week online workshop on "Advance Statistical Data Analysis using SPSS" during Jan 21-27,2023. organized by Uttar Pradesh University of Medical Sciences, SaifalEtawah& Science Tech Institute (Run by MKS Educational Society), Lucknow, UP, India.
- Successfully completed six days CME for Kaumarbhritya teachers organized by Department of Kaumarbhritya, VPSV Ayurveda college, Kottakal during 23rd May 28th May, 2022
- Delivered a guest lecture as resource person in National webinar on "Approach towards management of Juvenile Idiopathic Arthritis", organized by PG Department of Kaumarbhritya, All India Institute of Ayurveda, New Delhi on 18th October 2022
- Delivered two guest lectures and provided hands on training on the basics of ECG to the students, interns, and faculty members of GS Ayurvedic Medical college, Pilkhuwa, Hapur, UP during 11th -12th January, 2023
- Participated in National webinar on Reverse Pharmacology organized by Centre of excellence for Preclinical safety & efficacy, Interdisciplinary research & therapy evaluation, DMIMS (DU), Sawangi, Wardha, Maharashtra held on 22-08-2022

13. Dr. Aditya Nath Tewari

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Aditya Nath Tewari	Vishwa Aya Parishad, Maharashtra Prant	16 Oct 2022	Webinar on Panchakarma

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14. Dr. Sumit Singh

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Dr. Sumit Singh	Participated as key note speaker in an international conference of Medicinal plants of Ganga river Basin and their Therapeutic importance in India System of Medicine held at Gurukul Campus	05-06 Sept. 2022	Haridwar, UK
2	Dr. Sumit Singh	Participated as resource person in CME for teachers of Rasa Shastra & BK department, Govt. Ayurvedic College & Hospital,	12-17 Sept. 2022	Varanasi, UP

15. Dr. Pallavi Singh, Rasa Shastra & Bhaisajya Kalpana

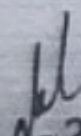
S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Dr. Pallavi Singh	06 days CME for teachers of Rasa Shastra & BK at state ayurvedic PG college & hospital	12-17 Sept. 2022	Varanasi, UP
2	Dr. Pallavi Singh	01 day CME programme on 'Management of psoriasis in Ayurveda' organized by Arya Vaidya Shala Kottakal in collaboration with CBPACS	02, Sept. 2022	CBPACS, Khers Dabar, New Delhi
3	Dr. Pallavi Singh	01 days workshop on NAD & ABC portal implementation	14 th , March 2023	GGSIU University

16. Dr. Mahesh Kumar Gupta

S. no.	Name of conferences	Organized/sponsored by	Participation on as a	Date
1.	National Webinar, "KRIYANYESHAN 2022" on Scope of Research on Fundamentals of Ayurveda	Deptt of Kriyashastr, MGACH & RC Wardha Maharashtra.	Delegate	11/10/2022

17. Dr. Pooja Sabharwal

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Arya Vaidya Sala Kottakal	2. Production & quality of AVS products 3. Management of Psoriasis in Ayurveda	02, Sept. , 2022	CBPACS


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18. Dr. Shalini Prakash

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Dr. Shalini Prakash	Participated and presented a paper in the International Conference of IASAS on the topic "Globalisation of Ayurveda"	18 th November, 2022	Seminar complex Institute of Science, BHU, Varanasi
2	Dr. Shalini Prakash	Participated in one day sensitization programme on Aahar by RAV, Delhi	28 th January, 2023	All India Ayurvedic Congress, Punjabi Bagh, Delhi

19. Dr. Smrita Arora

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1.	Dr. Smrita Arora	WAC satellite seminar	25/08/2022	CBPACS

20. Prof.(Dr.) Bharet Bhojar

S. no	Name of webinar	Organized/sponsored by	Participati on as a	Date
1	"Innovative journey with Ancient Vedic Shastra"	Sitaram Ayurved Research Foundation		31 st July 2022
2.	"Application of manipulative techniques of Abhyanga in Clinical Practice"	Sitaram Ayurved Research Foundation		17 th July 2022
3	"Prevention of pancreatic cancers by treating chronic pancreatitis through Ayurveda"	Sitaram Ayurved Research Foundation		17 th August, 2022

21. Dr. Jitesh Verma

S. no	Name of webinar	Organized/sponsored by
1	"Reverse Pharmacology"	Centre of excellence for pre clinical safety & efficacy interdisciplinary research & therapy evaluation, DNIMS, New Delhi, India

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22. Dr. Monika

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1.	Dr. Monika	5 th CME workshop on improving availability, safe and Rationale use of medicines in Public health.	28 February to 3 rd March 2023/ 4 days	MAMC, New Delhi.
2.	Dr. Monika	CME training programme for the teachers of Dravyaguna	13 February to 18 February 23/ 6 days	S.S.N.Y.C & RI Nrusinghnath/ aikmal, Orissa
3.	Dr. Monika	National webinar on Reverse Pharmacology	22.08.22	Department of Dravyaguna MGACH & RC, Wardha, Maharashtra
4.	Dr. Monika	Workshop on Low Back Pain - Diagnosis, Investigation & treatment	08.11.22-& 09.11.22/ 2 days	The Ancient Ayurveda institute of training
5.	Dr. Monika	Workshop on Ayurvedic clinical management of CVA due to infarct.	01.08.22 & 02.08.22/ 2 days	The Ancient Ayurveda institute of training

23. Dr. Anjana Rita Xalxo

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1.	Dr. Anjana Rita Xalxo	Dr GD Pul foundation YMT Ayurvedic college kharghar Navi Mumbai	21st September 2022	Navi Mumbai Webinar

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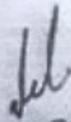
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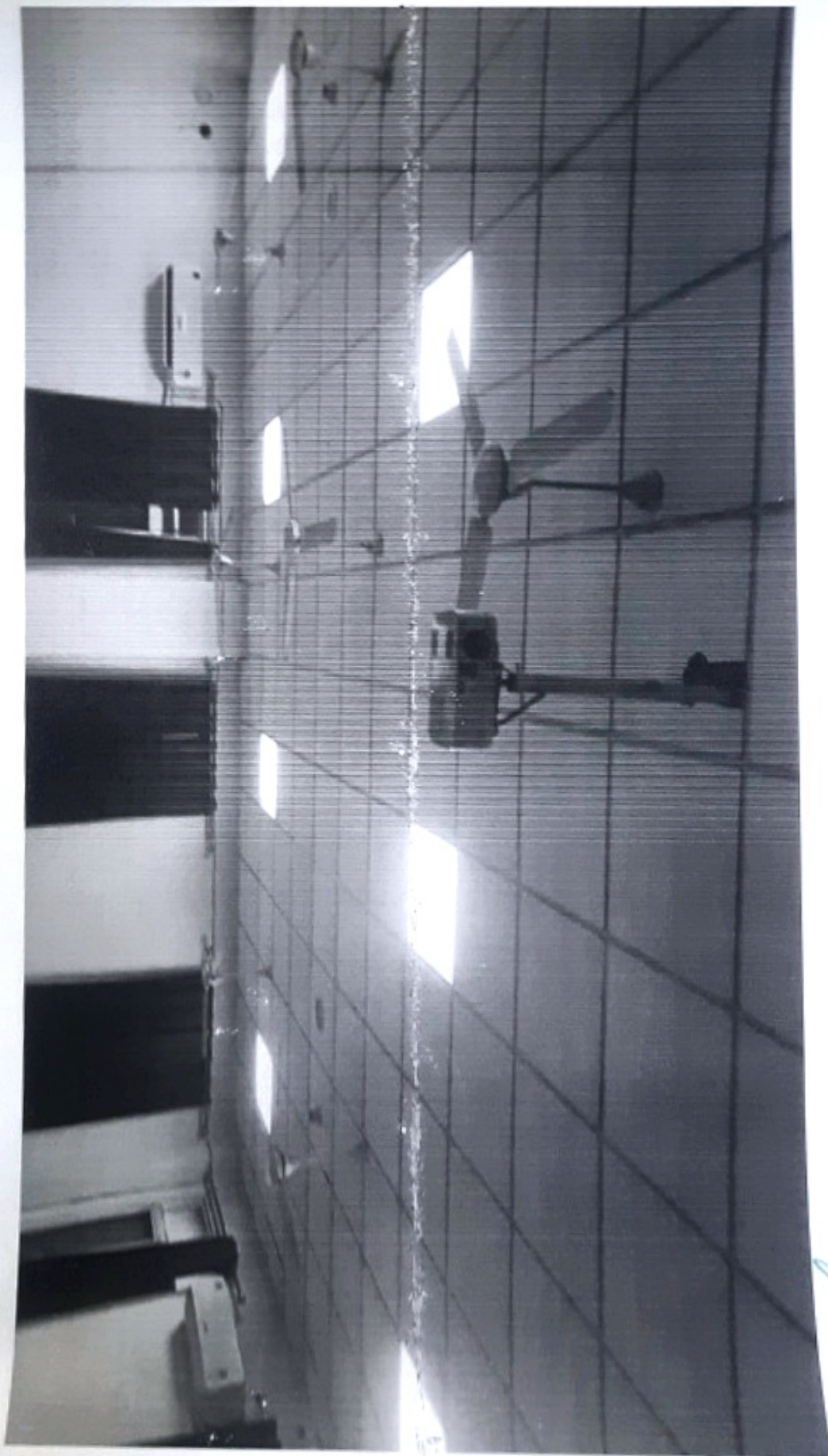
24. Dr. Unnikrishnan S.

S. No.	Name of faculty	Details of Workshop/ Organiser	Date/Duration	Place
1	Dr. Unnikrishnan S	As expert committee member in the three day workshop on "Development of syllabus for second professional BAMS subjects" for the subject Swasthavritta organized by NCISM, New Delhi.	01/02/2023 to 03/02/2023 (3 days)	IIT Delhi Sonipath Campus, SH 11, Khewra, Haryana.
2	Dr. Unnikrishnan S	As a resource person for delivering expert talk for the following topics for the project of Ayurveda online learning system a) Basics of Ritucharya & its significance b) Ritucharya for Uttarayana c) Ritucharya for Dakshinayana	27/09/2022 (one day)	All India Institute of Ayurveda, Sarita Vihar, New Delhi
3.	Dr. Unnikrishnan S	Participated in the Achararasayanam webinar organized by Sitaram Ayurveda Research Foundation on "An interactive session on Ayurvedic Psychiatry"	04/12/2022	NA
4	Dr. Unnikrishnan S	Participated in the Achararasayanam webinar organized by Sitaram Ayurveda Research Foundation on "A sympathetic and wholesome approach in the treatment of most challenging cases of cerebral palsy and intellectual disability"	11/12/2022	NA

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5	Dr.Unnikrishnan.S	Participated in the Achararasyanam webinar organized by Sitaram Ayurveda Research Foundation on "Healing powers of Agnihotra in clinical practice - An ancient life transforming technology/ritual"	15/01/2023	NA
6	Dr.Unnikrishnan.S	Participated in the Achararasyanam webinar organized by Sitaram Ayurveda Research Foundation on "Efficacious Dhoopanam in various disorders"	12/02/2023	NA
7	Dr.Unnikrishnan.S	Participated in the Achararasyanam webinar organized by Sitaram Ayurveda Research Foundation on "Etiopathogenesis and management of anal fissure- Bete noire in proctology- An ayurvedic perspective"	19/02/2023	NA
8	Dr.Unnikrishnan.S	Participated in the National webinar on "the importance of millets in our lifestyle" organized by Ayurveda Medical Association of India, Thrissur zone.	17/02/2023	NA



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