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GLORIOUS VISIT OF UNION HEALTH MINISTER AT CBPACS





The then Honorable Union Health Minister Dr. Harsh Vardhan visited Chaudhary Brahm Prakash Ayurved Charak Sansthan (CBPACS) a dedicated COVID-19 Health Centre and interacted with the doctors and sought feedback from COVID positive patients on 24 May 2020. He also stressed on the importance of Ayurveda and said that:

"It is heartening to know the positive feedback of the Covid-19 patients here. Ayurveda is a traditional medicinal knowledge source from India and there is huge potential in it. Its inherent strength is in holistic healing and wellbeing which is being put to good use in treatment of the COVID-19 patients at this DCHC. This knowledge and experience will surely prove beneficial to people all over the world, especially in combating COVID-19".

CBPACS followed the protocols of Ministry of AYUSH and opted a holistic approach for treatment of COVID-19 patients such as the Ayurvedic and herbal treatments including yoga, meditation.

Pranayam and other methods. Sansthan vouch for the fact that Ayurvedic management for COVID-19 is effective in preventing the progression of disease and its severity. Ayurved always advocates that prevention is better than cure. The institute is committed to serve the humanity through Ayurvedic management of COVID patient in this pandemic.

The rigorous effort taken by entire team of Sansthan is going on to deliver the best patient care in this COVID-19 pandemic.

HONORABLE HEALTH MINISTER (DELHI) SHRI SATYENDAR JAIN APPLAUDS CBPACS



AAP Setyendar:Jain 0 22 Apr 2020 - ®

Happiness therapy is being given to patients in the Corona Ward, built at the Chauchary Brahm Prakash Ayurvedic Institute of Delhi



Congratulations to Chaudilary Brahm Prakash Ayurved Charak Sansthan for successfully catering to 2000 covid patients with pure Ayurvedic treatment. It is the 1st Indian Ayurvedic hospital which has tree covid patients from ages 1month-106years, I applaud the team and staff.



MORE FEATHERS IN OUR CAP

आयुर्वेदिक पद्धति से दो हजार संक्रमित हुए टीक

क्षणमा संक्षणक स्वीवर्ग दिन्ती । १८ जून को नाम प्रथम अवस्था के प्रथम किया ने प्रथम प्रथम अवस्था के प्रथम के प्

दिल्ली का एक ऐसा अस्पताल जहां नहीं चला कोरोना का जीर



'हैप्पीनेस थेरेपी' से 36 कोरोना के मरीजों का उपचार, कर रहे मंत्रोब्चार

भी दिल्ली, ? प्रोत्यान प्रमाने/स्थान (कारों) - जी जाना पुरिता ? तेर का प्रमाने का किसे राज्याना परिता कारोंका का प्रमान है कि एक १- जाना का प्रमान है है का परिता कारोंका का प्रमान है के प्रातिक तेर में जी 3- प्रोत्यान विकित्त करेंका का स्थान की थी है। जी



Various national and local Newspapers reported the successful treatment of COVID-19 patients through Ayurvedic treatments. News reports also covered the visit of Hon'ble minister at the Sansthan.

FIGHTING THE UPHILL BATTLE- CBPACS CHC CATERING COVID





- CBPACS designated as CHC on 16.04.2021.
- First patient admitted on 18.04.2020.
- Total number of patients admitted in this facility till 31st march 2021- 2233.
- Total number of patients discharged 1972
- Total number of patients referred to the higher center- 239
- Total number of casualty-NIL

This institute was designated as COVID HEALTH CARE (CHC) center on 16.04,2020 by Govt. of NCT Delhi and started to function from 18.04.2020 i.e. the first COVID positive patient was admitted on 18.04.2020 night. This is the first Ayurveda hospital of India which got this stratum to provide COVID care to the parients at that time

COVID TASK FORCE

A special COVID Task Force was constituted under the chairmanship of Director-Principal, CBPACS which reviews the treatment and management of the COVID-19 patients. The task force is always perspicacious with the patient care.

- The 170 bed CHC CBPACS has so far admitted 2233 COVID positive patients varying from mild to moderate severity in clinical symptoms out of which 1972 patients have been discharged or sent for home isolation after 10 days in adherence to as per govt. guidelines issued from time to time.
- Discharge/home isolated patients are either turned negative for COVID or observed asymptomatic.
- Only 239 patients have been referred to higher center so far, that too due to ill availability of emergency life sustaining technology like ventilator etc., as CHC-CBPACS being an Ayurveda organization under norms of CCIM/ Ministry of AYUSH GOI.

Proper nutrition is being ensured for all the patients. People from all strata of society are being treated here. Till date, the oldest patient cured here was 86 years old and the youngest one being an infant of 15 days.

The referral tertiary care of this center is Lok Nayak Hospital (LNH) and Rajiv Gandhi Super Specialry Hospital (RGSSSH).

At the time of admission, patient were given a unique (sui generis) patient kit comprising of mask, sanitizer, slippers, bucket-mug, towel, tooth brush, tooth paste & medicine kit gratis.

It is the matter of pride and satisfaction that despite non availability of emergency medical aid, not a single death has occurred in this center till date. The patients are treated with holistic approach of Ayurveda, Yoga and happiness therapy.

MEDICINE PROTOCOL



Ayush protocol is adopted to treat the covid patients with ayurvedic medicines and no allopathic medicines or drugs were used.

The protocol consists of:

- Kwath- Nagaradi Kwath
- Churan- Amalki Churan
- Drugs-Sanshmani Vati
- Golden Milk/ Turmeric Milk

WE WORK, WE CARE... CBPACS-CTC



As per Ministry of Health and Family welfare (MOH & FW), Govt, of India, CBPACS is designated as covid testing centre (CTC). Our lab worked relentlessly in this era of pandemic and carried out the war-tooting for prevention control and management of Covid-19 patients.

Details are as follows:

| Months | RAT | RTPCR |
|-------------------|------|-------|
| April'20 - Dec'20 | 5410 | 2540 |
| Jan'21 | 5410 | 1826 |
| Feb 21 | 5970 | 2421 |
| March'21 | 9278 | 4666 |

SUSEVA PRAKALP - CATERING MANKIND



Even the jitters of covid couldn't stop us from serving the nation. Our team of doctors, PG Scholars and Pharmacists worked hard and organized various camps for the frontline workers and their families and for the general public. They reviewed the patients for any kind of covid symptoms and educated them about the importance of hand hygiene, wearing masks and social distancing. We also distributed Ayurvedic Immunity booster medicines to the public.

Shri Anto Alphonse, DCP, Dwarka District appreciated our efforts in this direction.

Research projects

Evaluation of protective potential of an Ayurvedic rasayan (Chywanprash) in the prevention of Covid -19
among health care personnel- an open label prospective randomized control parallel group study. CTRI
no.- CTRI/2020/05/025275

Principal Investigator - Prof. (Dr.) Arun Gupta Co-Investigators - Dr Yogesh K. Pandey, Dr Amit Madan, Dr Riju Agarwal

 A pilot study to estimate the effectiveness of Ayurvedic intervention in Covid-19 positive cases. CTRI/2020/05/025276
 Principal Investigator - Prof. (Dr.) Arun Gupta
 Co-Investigators - Prof. (Dr.) Vidula Gujjarwar, Prof. (Dr.) N.R. Singh, Prof. (Dr.) Bharat Bhoyar

Dr. Yogesh K. Pandey, Dr. Vishakha Wetal, Dr. S S Mishra

- A pilot study to assess the efficacy of Ayush- 64 in Covid-19 cases-CTRI/2020/05/025335
 Principal Investigator Prof. (Dr.) N. R. Singh
 Co-Investigators Prof. (Dr.) Arun Gupta, Dr. Vishakha Wetal, Dr. Amit Madan
- 4) Clinical Study to evaluate the efficacy of NIFAy. C-19 (CONTAZAP) in mild to moderate Covid-19 positive patients: A randomized open label parallel group study
 Principal Investigators Prof. (Dr.) Vidula Gujjarwar, Prof. (Dr.) N. R. Singh CBPACS,
 Dr. Nupur Soni NIF-India, Dr. S.K. Sharma Baijnath Pharma Pvt. Ltd.
 Co-Investigators Prof. Bharat Bhoyar CBPACS, Dr. Mahesh Kumar CBPACS, Dr. Ravi Kumar NIF-India, Dr. Kashika Dogra Baijnath Phama Pvt. Ltd.

A TRIBUTE TO OUR VALOROUS COVID WARRIOR



With teary eyes and a heavy heart, we pray for our belowed covid warrior, Shri Jag Pravesh Dagar (Lab Technician, CBPACS), who left us for his heavenly abode on 7th June, 2020. Shri Dagar was a dynamic personality, who worked relentlessly in our covid lab taking samples of the patients.

Unfortunately, he himself fought from covid and our efforts couldn't save this young soul. His somber adieu left us shattered. The departed divine soul will stay in our hearts forever.





BRIDGING THE GAPS- TRANSITIONAL CURRICULUM PROGRAMME





A 10 days Transitional Curriculum Programme under the guidelines of CCIM. Delhi was organized for the new entrants of BAMS course from 15th-24th March. 2021. The programme was inaugurated by Director-Principal Dr. Vidula Guijarwar on 15th March. 2021 followed by an interactive session with parents. Over the next days, eminent speakers in the field of Avurveda, from within and outside college (Dr. V K Lavania, Dr. Satya Dornala, Dr. Leena Nanoti, Dr. Meera Bhojani, Dr. Hema Kohle, Dr. Bhavana); addressed the students on History, Philosophy and Concepts of Avurveda, Recent Advances in Ayurveda, other Systems of Medicine, Role of Physician in the society. Basic life Support and First Aid, Computer Skills, Vrikshayurveda and Mrigaayurveda, Biodiversity and Ayurveda, Medical Ethics, Stress Management and Capacity Building, Importance of Diet in Ayurveda and Biomedical Waste Management. Students were trained in Sanskrit speaking skills by teachers from Sanskrit Bharati. Departmental and Hospital visits were arranged to make students aware of the various subjects and specialities of Ayurveda. Live Yoga sessions and fun activities were also conducted to fuel the spirit and importance of co-curricular activities. The programme

concluded with a feedback session, wherein students spoke highly of this newly introduced Transitional Curriculum and were thrilled to embark on their new journey of becoming future Vaidyas.

FITNESS WITH FUN- SPORTS ACTIVITIES



Under the Transitional Curriculum Programme, CBPACS organized certain sports activities for the students. Lemon Race and 100 meters Race were carried out for the new entrants, separately for boys and girls on 25th March 2021. The whole event was supervised by Dr. Jai Singh Yadav, the Sports Coordinator. The winner students were also appreciated with prizes.

ADDRNMENT TO OUR CROWN- NAMO GANGE CAMPUS RECRUITMENT



Namo Gange Trust, an NGO organized an interactive session on Career opportunities in Ayurveda followed by campus recruitment for interns, PG scholars and Panchkarma Therapists in the premises of CBPACS on 12th March, 2021. After 2 rounds of interview, 12 doctors and 10 Panchkarma Therapists were successfully placed under the Yogshala Initiative of Namo Gange Trust.

TODAY A READER, TOMORROW A LEADER-BOOK FAIR

An exhibition of medical books by M/S Jaypee Brothers Medical Publishers was organized in the Institute from 20th to 23rd March, 2021. Students and faculty made use of this facility to purchase and order various subject books at discounted prices.

ARST- REPUBLIC DAY CELEBRATION

perishic Day on 26th January 2021 celebrated PACS Campus. Prof. (Dr.) Vidula Guijarwar. Principal, CBPACS hoisted the flag. On the occasion a patriotic song and poem performed to sadents. The Whole event was supervised by Dr. Jai Singh Yadav, Coordinator Cultural committee. CBPACS.





EXPANDING OUR WINGS

As per guidelines issued by the University regarding the expansion of the number of seats in both UG and PG courses, under the EWS quota, we have increased our seats to 125 in BAMS course. The seats for the PG curriculum have also been increased to 36, distributed in various branches as under.

| Subject | No. of PG seats |
|------------------------------|-----------------|
| Kavachikitsa | 8 |
| Panchkarma | 6 |
| Rog Nidan and Vikriti Vigyan | 7 |
| Rachna Sharira | 8 |
| Kriva Sharira | 7 |

GLORIES OF OUR HOSPITAL

The deadly virus couldn't limit our duty towards mankind. Besides serving covid patients in our CHC, we restarted our OPD services with a bang in November 2020 and have served around 26,000 patients so far after that and have catered 204 patients in our Non-covid IPD since its resumption in February 2021.

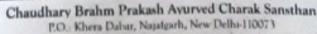
WE CARE TO MAKE THEM AWARE- CANCER AWARENESS DAY

The departments of Shalya Tantra and Shalakya Tantra organised a rally on the eve of World Cancer Day, 8th February, 2021 to generate awareness for Cancer among the patients and staff. The M.S., DMS, Faculty Members, doctors, interns, nursing staff & Paramedical staff of the Sansthan participated in the rally enthusiastically and made posters and banners to create awareness.



KAYAKALPA TEAM VISITS CBPACS

Under Kayakalpa programme of DSHM (Delhi State Health Mission), Peer assessment of CBPACS Hospital was done by two teams on 09-10 March'21 and 30-31 March'21 for the year 2020-21. The visits were conducted by Dr. Ajay Kr. Bando, SDDMASC Dabari & Mrs. Anandi Vishta, Sr. nursing officer DDU Hospital (Peer Assessors) and Dr. Pravesh Yaday Assistant Medical Superintendent, NITRD & Dr. Sanjeev Kumar, MVH & Dr. Nishu Dhawan, DDU Hospital (External Assessors) & it was coordinated by Dr. Mahesh Kumar (Assistant Professor, Shalya Tantra).



For any Suggestions or feedback, please contact: newsletterebpacs@gmail.com Published by Chaudhary Brahm Prakash Ayurved Charak Sansthan

